

Sandhya Bhusal Chhetri

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Contact number:0416678957

.Professional Summary

Compassionate and dedicated individual with a strong commitment to providing quality care and support to elderly individuals. Completed 120 hours of placement in aged care, gaining hands-on experience in assisting with daily living activities, providing emotional support, and ensuring a safe and comfortable environment for residents. Passionate about enhancing the well-being of the elderly through empathy, patience, and effective communication.

. Skills & Abilities

- .Personal care assistance (bathing, dressing, grooming, medication)
- .Meal preparation and nutritional support
- .Monitoring and assisting with mobility
- .Emotional support and companionship
- .Following health and safety protocols
- .Effective communication and teamwork

.Work Experience

Aged Care Placement | [Thompson Health Care] | [12/05/2025-30/05/2025]

Provided compassionate care and assistance to residents with daily activities. Supported the emotional well-being of elderly individuals through active engagement. Ensured a clean and comfortable living environment for residents.

Assisted in mobility exercises and monitoring health conditions. Collaborated with healthcare professionals to support individual care needs.

.Education & Certification

Certificate IV in Ageing Support [Australian Community And Management College]

.Relevant Training

Manual Handling & Safety Procedures

First Aid & CPR Certification

References

Sarmila Thapa , Nurse Manager

Royal Prince Alfred Hospital

sarmila.thapa@health.nsw.gov.au

0424 970 623

Richa Sharma, Registered Nurse

Thompson Health Care

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