DEEPIKA BHATTARAI

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- ♥ 6/40 The Avenue, Hurstville, NSW 2220

SKILLS

Emergency Care

- Infection control measures
- **Care Planning**
- Critical Care
- Medication and IV administration
- Empathy
- Communication
- Patience
- **Problem-Solving**
- Attention to Detail
- Time Management
- Physical Stamina
- Teamwork
- **Crisis Intervention**
- **Cultural Competence**

EDUCATION

Bachelor of Science in Nursing (B.Sc Nursing)

CERTIFICATIONS

Certificate IV in Ageing Support. Registered Nurse - Nepal Nursing Council

PROFESSIONAL SUMMARY

Dedicated and compassionate caregiver in aged care and disability support. Proven ability to provide personalized care and assistance to clients, enhancing their quality of life while promoting independence. Strong communication and interpersonal skills, adept at building trusting relationships with clients and families. Skilled in daily living support, behavioural management, and the use of assistive technology. Committed to advocating for clients' needs and ensuring a safe, nurturing environment. Recognized for patience, empathy, and a strong work ethic, with a focus on holistic care and respect for individual dignity.

WORK HISTORY

Blacktown Terrace Care Community - Assistance In Nursing Blacktown, NSW

- Assisted with daily living activities, including personal hygiene, meal preparation, and mobility support for elderly residents.
- Collaborated with nursing staff to monitor residents' health and report any changes in condition.
- Engaged residents in social and recreational activities to enhance their quality of life.
- Maintained clean and safe environment, adhering to hygiene and safety protocols.
- Developed strong communication skills by interacting with residents, families, and team members.

Care Forum - Disability Support Caregiver

Edmondson Park, NSW

- Contributed to a positive atmosphere for patients by using effective communication and active listening skills.
- Provided emotional support to patients and their families during challenging times, fostering trust and strong relationships.
- Maintained clean personal areas and prepared healthy meals to support client nutritional needs.
- Coordinated closely with family members regarding updates on patient conditions or concerns that arose during the course of caregiving duties.

• Monitored client vital signs, administered medications, and tracked behaviors to keep healthcare supervisor well-informed.

LANGUAGES

English

Full Professional

Nepali

Native or Bilingual

Hindi

Full Professional

REFERENCE

Sangeeta Lamsal (Registerd Nurse) 0423730644 sangeeta_meha@yahoo.com

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