Shreya Magar 2A Chapel Street, st marys <u>shreyamagar76@gmail.com</u> Mob: 0431337766

Career summary

A well-skilled person who worked in the residential aged care with current, infection control knowledge and skills of manual handling. I am a person with versatile working ability, a caring, compassionate, and responsible individual with a strong commitment to providing quality aged care so that the elderly can live with maximum dignity, comfort, and independence.

Education

- Certificate IV in Aged Care (With medication)
- Diploma in Hospitality Management
- High School, Major in science biology, Shiksha Deep College, Nepal

Work Experience

- Worked as an AIN at Catholic Healthcare Limited
- Worked as a catering assistant at Catholic Healthcare Limited

Training and Competencies

- Facilitate the interests and rights of the clients.
- Facilitate the empowerment of older people
- Co-ordinate services for older people
- Implement interventions with older people at risk
- Provide support to people living with dementia
- Facilitate individual service planning and delivery
- Meet personal support needs

- Support independence and well-being
- Support relationships with careers and families
- Work with diverse people
- Manage legal and ethical compliance
- Deliver care services using a palliative approach
- Develop and maintain networks and collaborative partnerships
- Recognise Healthy body systems
- Follow safe work practices for direct client care
- Provide first aid

Skills and Personal Attributes

- Highly skilled in assisting daily activities of residents.
- Thorough understanding of problems related to aged residents in terms of attitude and patience.
- Providing confidentiality, dignity, and privacy to residents always.
- Able to work under pressure and multitasking
- Be an able communicator (verbal and written) Have a collaborative and team- oriented approach
- Strong customer service focus and an ability to priorities
- Excellent phone manners and customer service focused
- Knowledge of medical terminology and infection control standards
- Drive and Initiative in taking on responsibilities and achieving results
- Have awareness of WHS, fire regulations and manual handling procedures

Certificate

- Certificate IV in Ageing support
- First aid and CPR Certificate
- National Police check
- NDIS Module Certificate

Achievements

- Highly appreciated for my hard work and efforts wherever I had worked
- Highly appreciated by the trainer/assessor for my class performances
- Highly appreciated at my work placement for my quick learning attributes
- Highly appreciated by the management and the clients for my contributions

and support

Interest

- Working for the community and society
- Work in the computers.
- Learning new things and taking initiative.

References

Sapana Ghimire Dahal (Manager) sapana@bcac.com.au +61 406600795

Aakash Timalsina (Registered Nurse) aakash.timalsina@chcs.com.au +61 401616078