

Sabita Nepal

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Profile

I am a compassionate and detail-oriented Assistant in Nursing with a Certificate 3 in Aged Care and Disability. I have completed 120 hours of hands-on placement in an aged care setting, where I provided direct care to elderly residents, ensuring their comfort and dignity. I am skilled in assisting with daily activities such as personal care, mobility support, and maintaining a clean and safe environment. My ability to remain calm and organized in a fast-paced healthcare environment enables me to deliver high-quality care and support to residents. I am confident in my ability to contribute effectively to the team and improve the quality of life for those in my care.

Professional Experience

-More than 6 month of experience as AIN

-Uniting Banks, Peakhurst

Assistant in Nursing, Trainee (20 December 2023 to 10 January 2024)

As an AIN during placement my primary job was to follow protocols and the instruction of Registered Nurses to perform patient care tasks like bathing, toileting, and dressing patients, assisting with mobility and exercises, reporting the patient's condition to the Registered Nurse, changing bed linen, and simple wound care.

Provision of support to the nursing team in the delivery of nursing care in a care environment as directed by the Registered Nurse.

Provide direct care activities to patients in accordance with the nursing care plan and under supervision of a Registered Nurse.

Assist Registered Nurse and Enrolled Nurse with patient care interventions as directed.

Contribute to collection of accurate health care information and maintain accurate health care Documentation as required.

Communicate effectively with patient and other health care team members according to appropriate protocol.

Ezko Property Service Australia

Westfield Parramatta 159-175 church Street, Parramatta, NSW 2150 (Full Time, July 2023 to Present)

Cleaner

- General Cleaning-Sweeping, Mopping and Vacuuming in all areas in shopping center
- Bathroom Maintenance-Regularly checking, cleaning, and restocking supplies in restroom
- Waste Management-Emptying bins throughout the center, including food court and public area and disposing according to recycling and disposal guidelines
- High-Touch Surface Sanitizing-Regularly cleaning and sanitizing surfaces such as elevator buttons, door handles, and seating area
- Glass and Window Cleaning-Keeping glass surfaces, window cases and display cases clean and free from smudge and fingerprints
- Slip Management-Quickly and safely managing spills, ensuring safety signs
- Responding to emergencies- Being ready for cleanup after incidents and accidents in timely manner.
- Customer Assistance- offering assistance or directions to customers when requested
- Reporting Issues- Reporting maintenance issues eg;-broken fixtures, plumbing issues etc.

Education

Certificate 3 in Aged Care and Disability

Bachelor of Business Studies, Nepal

Skills and Training

Certificate 3 in Aged Care and Disability.

Proficiency in Microsoft Word, Excel, PowerPoint, Outlook.

Availability

-24x7 Available

- Can work full time with no restrictions

Reference

Available on Request