

Gordon Foubister

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Objectives

To gain regular part time work in Aged Care, Home & Community Care or Disability Care. To provide quality help for those who are in need of assistance.

Education

Certificate III in Aged Care. Completed 9.12. 2014.

Certificate III in Home & Community Care. Completed 9.12. 2014.

Certificate IV in Ageing Support. Completed 16 July 2018.

- Working with Children Check .
- Police/Criminal History Check.
- CPR. First Aid Certificate.
- NDIS Worker Clearance

Experience

1991 – June 2002. | Proprietor.

Paving Perfection Pty Ltd | 160 Empire Bay Drive, Empire Bay.NSW.2257.

June 2002 – June 2011. | Project Manager

Co-ordinated Landscapes Pty Ltd | Level 1, 33 Belmont Street.
Sutherland.NSW.2232.

June 2011 – September 2014. | Project Manager

Landscape Solutions Pty Ltd | 16 Distribution Place. Seven Hills.NSW.2147.

January 2015 – January 2015. | Assistant in Nursing. Casual.

Aurum Erina Care Facility | 351 Terrigal Drive. Erina.NSW.2260.



Job duties: All general care items for residents including but not limited to the following: Assisted bathing for residents, shower bath for residents if necessary, general hygiene for residents (teeth, shaving etc.), Assist with dressing if necessary, Bedmaking, assist with feeding if necessary, use of Lifters and Standards as necessary, assist with toileting as necessary, daily written recording of residents toileting/showering/repositioning, monitoring of resident general & mental health.

March 2015 – February 2021. | Community Care Worker. Permanent Part Time. Hammondcare. Lucinda Cottage | 33 Lucinda Avenue, Wahroonga.

Job duties:

- All general care items for residents including but not limited to the following: Assisted bathing for residents, general hygiene for residents (teeth, shaving etc.), Assist with dressing if necessary, Bedmaking, assist with feeding if necessary, assist with toileting as necessary, daily written recording of residents toileting/showering/repositioning, monitoring of resident general & mental health.
- Engaging residents in doing their own ADL's.
- Provide additional activities for residents: Singing, Games, Puzzles, Day trips out.
- Have undertaken Day, Evening and regular Night shifts. Night Shift at Lucinda one staff member only for the night. Have had to handle the following situations with residents on night shift: Falls, Infections, Strokes.
- Worked as Assistant to Manager. Including interviewing for new clients. Creating Care plans in conjunction with clients. On call as manager , for other staff to contact, when manager was on leave.

Skills

- All job duties as listed above.
- Lucinda Cottage has a mix of residents : Dementia , Stroke , Physical disabilities, Cancer, MS and Parkinsons .
- Lucinda Cottage is a temporary respite care cottage so it has been important to have the skill to quickly develop an understanding of Residents needs and how I can best help them.
- Patience. Particularly with 'difficult' residents.
- Empathy. I have lived with dementia in my own family and understand that the residents and their families are the people needing understanding and help.
- Quickly develop relationships with residents by talking to them and listening to them .
- Assist Clients with medications.

September 2018- July 2022. | Project Manager. Part time.
Co-ordinated Landscapes Pty Ltd | Level 1, 33 Belmont Street.
Sutherland.NSW.2232.

August 2022- present. | Specialised Carer. Permanent Part time but currently casual. Hammondcare. Jean Marion Cottage | Reeves St, Narara.
Duties and skills as per Lucinda Cottage above.

May 2023 - present. | **Disability Support Worker. Permanent part time.**
Coastlink. Watanobbi and Gorokan Group Homes.

Duties and skills as per Lucinda Cottage above. Including caring for older people with severe disabilities and dementia.