

# AAYUSHA ARYAL

HIGHLY ORGANISED PERSONNEL WITH EXPERIENCE WORKING  
WITHIN AN AGED CARE ENVIRONMENT AS AN  
ASSISTANT IN NURSING. CONFIDENT IN TAKING CARE  
PROVIDING PERSON CENTRED CARE, MEDICATION  
ADMINISTRATION AND CREATING POSITIVE RAPPORT WITH  
STAFF, CONSUMERS AND THEIR FAMILY.

## CONTACT



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14/52a Atlantic Boulevard, Glenfield

## CERTIFICATES

- **Certificate IV In Disability**  
(Completion Date : 3/02/2023)
- **Certificate of First Aid** (Expiry  
Date : 21/02/2026)
- **Working With Children Check**  
(Expiry Date : 14/02/2028)
- **NDIS Working Check** (Expiry  
Date : 13/03/2028)

## REFERENCES

### HIMAL POKHEREL



0433938903



himudon0@gmail.com

### MY GUARDIAN (HR DEPARTMENT)



0293367555

## WORK EXPERIENCE

### GIFTED HANDS CARE | Campbelltown | (March - November 2023)

- Provided compassionate care to clients in their homes, helping them with daily activities such as dressing, bathing and meal preparation.
- Assisted clients with mobility transfers.
- Monitored clients vital signs and tracked behaviors to keep healthcare supervisor well-informed.
- Developing individual care plans and managing complex medical needs such as autism and seizures.
- Ability to build a strong companion ship with the clients and their families while maintaining the highest standard of care.

### MY GUARDIAN- AGED AND DISABILITY CARE | REVESBY | (JANUARY - AUGUST, 2024)

- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Planned healthy meals to support client's nutritional needs and provided medications through Webster pack.
- Maintained clean personal areas and ran errands.
- Maintained comfort level for bed-bounded patients.

### CARE FORUM PTY LTD | EDMONSON PARK | (JULY - SEPTEMBER, 2024)

- Personal Care
- Meal Preparation
- Providing Emotional Support
- Physical Support
- Development of personal skills