PRAGYA KHATRI | Personal Care, Disability Support, And Nursing



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PROFESSIONAL SYNOPSIS

- Compassionate and skilled Personal Care Assistant with 5+ years of expertise in providing empathetic client care and support.
- Proficient in incident reporting, behavioral management, and progress documentation.
- Demonstrated expertise in assisting individuals with disabilities, performing essential daily activities, and ensuring medication schedules are accurately followed.
- Known for creating a positive rapport with clients through engaging conversations and recreational activities.
- Committed to maintaining a safe and clean environment, with a strong focus on client well-being and emergency response.
- Experienced in administrative duties, relationship building, and effective communication.

SKILLS

Client Care and Companionship | Incident Reporting | Behavioral Management | Documentation and Records Management | Disability Support | Medication Management | Personal Care Assistance | Safe Lifting and Transferring | Recreational Activity Planning | Mobility and Household Assistance | Emergency Response | Meal Preparation | Verbal and Written Communication | Multitasking and Organization | First Aid and CPR | Technical and Administrative Skills | Problem-Solving | Client Relationship Management

WORK EXPERIENCE

Empowering Disability Partners

Ian 2023 - Present

Nov 2022

Disability Worker Support

Providing comprehensive care, focusing on enhancing daily living skills, personal hygiene, and emotional well-being for individuals with disabilities.

- Successfully implementing and monitoring individualized care plans, addressing diverse physical, emotional, and social needs.
- Demonstrating proficiency in medication administration, record management, and emergency preparedness.
- Actively engaging clients in stimulating activities, fostering independence and a positive living environment.
- Ensuring a safe and clean-living space by adhering to stringent health and safety protocols.

Ekaa Care

Disability Support Worker (Placement)

- Collaborated with the nursing team to deliver holistic care to clients, including assistance with medical procedures and assessments.
- Maintained accurate and up-to-date client records, ensuring continuity of care.
- Demonstrated strong problem-solving skills by promptly responding to emergencies and escalating concerns to appropriate personnel.
- Effectively managed administrative tasks to support efficient workflow and client care.

PREVIOUS WORK HISTORY

- Volunteer Staff Nurse | Khagendra New Life Disability Home, Pashupati | 2014 2017
- Staff Nurse | Vridha Ashram/Old Age Home | 2014 2017
- Staff Nurse | Heartland Clinic Pvt. Ltd. | 2017 2020
- Staff Nurse | International Friendship Children's Hospital | 2020 2022
- Cleaner | Link Service, Sydney | 2022 2023

EDUCATION

- Diploma in Hospitality and Kitchen Management, Imperial Institute of Sydney, Present
- Certificate IV in Disability, Carer Institute Australia, 2023
- Diploma in Nursing, Nepal Institute of Medical Science and Technology, 2017

CERTIFICATIONS

- First Aid and CPR
- Police Clearance
- Working with Children Check
- NDIS Clearance
- Covid-19 and Aged Care Training
- NDIS Workers Orientation Module

- NDIS Workers Induction Module
- Supporting Effective Communication Module
- Supporting Safe and Enjoyable Meal Module
- Supporting People to Stay Infection Free
- Dementia Discovery: Communication Matters, Empathy Matters, Understanding the Brain and Dementia

Languages: English, Hindi