

MISCHA SPOKES

mischaspoles@icloud.com | 0466939456 | Colo Vale, NSW 2575

Summary

Compassionate professional accustomed to working with physically challenged, bedridden and memory-impaired patients. Educated and demonstrates the use of social and emotional support to improve patient moral and increase comfort. Proficient in assisting patients with daily hygiene, including showering and incontinence care

Skills

- Mobility Assistance
- Patient-focused care
- Infection control procedures
- Transporting patients
- Activity Planning
- Safety Precautions
- Geriatric Care
- Feeding Assistance
- Vital signs monitoring
- Calm and level-headed under duress

Experience

Dog Caretaker | Local Breeder - Bowral, NSW | 01/2022 - Current

- Ensured cleanliness of kennels and other areas of the facility by disposing of waste properly, washing bedding and changing water bowls as necessary.

AIN Work Placement | Bowral and District Hospital - Bowral, NSW | 02/2023 - 09/2024

- Assisted patients with activities of daily living such as bathing, grooming, and dressing.
- Provided basic patient care by taking vital signs, measuring height and weight, and recording intake and output.
- Transported patients to treatment units, using wheelchair or other aids
- Served meals to patients in their rooms and assisted with feeding when needed.

Education and Training

Moss Vale High School | Moss Vale | 09/2024

High School Certificate

SWSLHD) Education And Organisational Development S | Bowral, NSW | 09/2024

Certificate 3 in Human Services Assistance

Certifications

- First Aid
- CPR
- Advanced Resuscitation and Oxygen Therapy