

SANJAY KHADKA

ASSISTANT IN NURSING

CONTACT

0414098601

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Unit2603, 62-72 Queens Street Auburn NSW 2144

PROFILE

A dedicated and compassionate Assistant in Nursing with a strong commitment to providing high-quality patient care. Possessing a solid foundation in nursing principles, I am adept at assisting registered nurses and healthcare teams in delivering comprehensive healthcare services. My experience includes effective communication with patients and their families, ensuring a comfortable and supportive environment. I am skilled in performing various nursing tasks, such as monitoring vital signs, administering medications, and assisting with activities of daily living. With a keen attention to detail, I prioritize patient safety and well-being, adhering to established protocols and standards.

SKILLS

Communication and Listening Skill
Empathy and Understanding
Flexibility and Adaptability
Time management skill
Deal with Difficult Challenges
Team Work

WORK EXPERIENCES

The Salvation Army

2023-Present

- Provided direct care and support to patients under the supervision of registered nurses.
- Assisted patients with activities of daily living such as bathing, dressing, and toileting.
- Helped patients with mobility, including transferring between beds and wheelchairs.
- Recorded and monitored patients' vital signs, including temperature, blood pressure, and pulse rate.
- Administered medications under the direction of registered nurses.
- Maintained accurate and detailed records of patient care activities and observations.
- Assisted in assessing patients' conditions and reporting any changes to the nursing team.
- Maintained awareness of safety protocols and procedures to prevent accidents and injuries.

Support Provider PTY LTD

2022-2023

- Provided comfort measures to patients, such as repositioning for pressure sore prevention.
- Supported nurses during medical procedures and treatments.
- Promoting independent living to residents.
- Providing emotional support to the residents.
- Keeping resident's rooms organized, tidy and well stocked
- Safeguard a resident's property and belongings.
- Offered emotional support and reassurance to patients and their families.

Liberty Pace Staffing

2022-2023

- Assisted during emergencies, including CPR and first aid interventions.
- Assist with meal preparation and feeding, considering any dietary restrictions or preferences.
- Provide companionship and emotional support to combat loneliness and enhance the overall well-being of the elderly person.
- Communicated effectively with patients, families, and other healthcare team members.
- Implemented infection control protocols to maintain a safe environment for patients and staff.
- Provided specialized care for patients with dementia or cognitive impairments.
- Engaged in ongoing education and training to enhance skills and stay updated on best practices in nursing care.

TRAINING

- Certificate III in Individual support -2023
- First Aid Certificate-2023
- Manual Handling Training-2023
- Current Australian Police Clearance Certificate- 2023
- Working With Children Check (WWCC)-2023

LANGUAGES

Nepali
English
Hindi

AVAILABILITY

- 7 Days a week

REFERENCES

Name: Monika Pokharel

Position: Care Manager

Phone: 0420521826

Email: monikapokharel@gmail.com

Company: Anglicare The terrace, Paddington NSW 2021

Name: Alisha Lama

Position: Nurse

Phone: 0433959543

Email: lamaelsa1111@gmail.com

Company: Pacific Lodge Age care centre, Collaroy NSW 2097