Smita Thapa Magar

19 Balmoral Street, Blacktown,NSW |2148| 0451110843| smitamagar47@gmail.com

Objective:

To secure a position within the Aged Care Sector, learn new skills and grow with the organisation. I would be able to bring my compassionate and responsible nature to a position that would be much more than just a job. It would be my way of making a positive contribution to the healthcare industry and I would be able to apply my skills, learnings, patience, discretion and a high level of professionalism to aid the elderly in managing activities of daily life with dignity and respect.

Trainings:

- First Aid Training
- CPR Training

Certificates:

- Bachelor of Nursing (COE)
- Certificate IV in Ageing Support
- First Aid Certificate
- Aged Care Advocacy Online Training
- Full COVID Vaccine
- Flu Vaccine

Professional skills:

- Caring for the daily needs of the elderly
- Working while displaying cultural sensitivity
- Communicating with frail and confused patients
- Navigating computer systems for records
- Honest, sincere, hardworking, polite and dedicated.
- Capable of handling patients.
- Supporting new residents
- Building trust and demonstrating compassion
- Performs own duty of care.

Key skills:

- Aged care skills
- Empathy
- Patience
- Technical skills
- Health care skills
- Problem-solving
- Leadership skills
- Positive thinking

- Analytical
- Organised
- Level-headed
- Good judgement of character
- Stamina
- Medical understanding
- Communication

Education:

- Bachelor of Nursing, Australian Catholic University (ACU), Blacktown, NSW, Australia (February 2024- February 2027)- Undergraduate Education
- Certificate IV in Ageing Support, Queensford College, Parramatta, NSW, Australia (October 2022- November 2023)
- National School Of Sciences (NIST), Kathmandu, Nepal (2019-2020) Secondary Education
- Trilok Children's Academy, Kathmandu, Nepal (2018) Primary Education

Experiences:

- Part-time customer service attendant at Bhatbhateni, Kathmandu, Nepal (2021-2022)
- Placement(Certificate IV in Ageing Support) at Bupa Aged Care, Ashfield, NSW, Australia (9th October, 2023- 27th October, 2023)
- Pharmacy Assistance at Chemist Warehouse, Penrith, NSW, Australia (2022-2024)

Reference:

- Chiqui Cyril Melon Mombay (Trainer/ Assessor) Email: <u>c.mombay@queensford.edu.au</u> Phone :0416218121
- Nagina Rai(RN) Phone:0452304587
- Salma Magar(RN) Phone:0481727903