

## **NITHIN V S**

### **CARE ASSISTANT**

Kerala, India • nithi0070@gmail.com • + 91 8921150873(WhatsApp), +91 9539864873

#### **PROFESSIONAL SUMMARY**

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Care Assistant with one year experience at Abhaya charitable Trust worked for more than 40 elderly patients, provided optimal support to clients through personalized assistance and care required to manage diverse medical conditions. Proficient in organizing medications, Doctor Appointments and personal activities. Caring, organized and friendly with knowledge of strategies to manage challenging behaviour associated with Dementia and Alzheimer's disease.

#### **PROFESSIONAL EXPERIENCE**

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**Abhaya Charitable trust**  
**Care Assistant**

**Kalamassery P O, 683104**  
**Glass Factory Road, Palachuvadu**  
**2021-2022**

- Identified steps to increase the condition of patients with mobility issues by supporting in prescribed exercises, resulted in recovery of physical impairment by 50-70 percent
- Maintained a 90% + rating on client satisfaction from people of varying age group
- Developed and implemented special care plans by consulting with clients and their relevant representatives
- Collaborated in fundraising campaign for care homes, increased revenue by more than 40% compared to previous 5 years
- Prioritised client's right in the area such as Privacy, entitlement to services , choice, participation in decision making, protection of properties, expression of their own culture identity, feedback on the services they receive and the right to complain
- Documented resident's mental status, sleep and eating pattern in medical record book and used output to make a routine for each individual, improved mental condition of sleep deprived patients by 2x
- Manage complex care plans and schedule, accompanied clients to medical appointments
- Forged long-term relationship over 20 clients providing ongoing emotional support and companionship; enhanced client retention rate by 90% and referrals by 60%
- Fostered a sense of community among residents by organizing group games and activities, leading to a 25% increase in participation and improved overall morale within the community
- Developed a comprehensive company manual outlining employee expectations and best practices; boosted employee compliance by 20% and reduced training time for new hires by 25%
- Strengthened hygienic and tidy environment to avoid any chances of disease spreading and conducted routine inspection to check quality and compliance with established specifications

- Monitored patient stability by regularly checking vital signs including weight-loss, sleeplessness, indolence, bloodlessness, and established individualized database to facilitate appropriate treatment
- Provided attentive and empathetic care for elderly patients in old-age home; assisted with daily living activities , including bathing, toileting and grooming, and achieved 100% patient satisfaction rating
- Worked as a reliever when colleague is absent and extended support when team is under pressure
- Provided comfortable, safe and supportive environment ; Identified hazardous situations or elements and reported any maintenance or repair tasks to concerned person
- Maintain close contact with other professionals including, physiotherapist, dentist, general practitioners and care managers

## PROFESSIONAL SKILLS

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- Achieved 25% reduction on patient complaint by providing high quality care and curtailed instances of corona virus during pandemic
- Coordinated with medical staff and patient families to provide timely and effective physical, emotional support to improve patient outcome; facilitated 50+ successful patients transfers, managed medication schedule, reduced readmission rate by 20% and provided vital feeding assistance
- English proficiency in Reading, Writing , Speaking, Listening
- Customized meal plans according to dietary requirement and keep-up high patient satisfactory rating of 90% for food quality and accuracy of orders
- Medicine Administering
- Rehabilitation assistance
- Flexible to work in day, evening, weekends and night shifts
- Adept at providing First-Aid
- Maintain confidentiality
- Created Opportunity for leisure activities and accompanied for shopping and walking
- Committed to provide quality care with kindness and compassion
- Undertake other duties consistent with the overall purpose of the post as directed by the team leader or concerned person

## EDUCATION

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**Bachelor of Computer Application at Glocal University, 2016**  
**Higher Secondary at NSSHSS Manickamangalam, 2012**

## ADDITIONAL INFORMATION

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Technical Skills: Tally ERP 9.0, Microsoft Word, Excel

Worked at Sreelakshmi steels as Customer Relation Executive

Worked at Addon Integrated Facility solutions as Supervisor

IELTS Overall 6.5.