

## Work placement

# Rejina Panta

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## PROFESSIONAL SUMMARY

A motivated and energetic AIN, always looking to expand my knowledge and skills. Core competencies include personal care of patients/residents, quality of work with minimal supervision, monitoring, and cleaning as well as time management and excellent communication skills.

## Career objectives

Looking for a work as an Assistant in Nursing to utilize by education and also to learn more about these sector in a successful organization that offers great opportunities for career development which renders its services to the clients in an efficient way having remarkable skills in handling the responsibilities concerted to residents care.

## SKILLS / ROLES

- ☐ Strong time management and organizational skills
- ☐ Focus on multi- tasks with good communication
- ☐ Have flexibility to perform activities
- ☐ Build and maintain strong and long lasting relationship
- ☐ Maintain the privacy and confidentiality of an organization

## EXPERIENCE

**Completed 120 hours of placement in BUPA Ashfield as well as three months experience in healthcare HQ as a care staff in aged care.**

## ACADEMIC QUALIFICATION

### 1. Certificate IV in Ageing support (Year 2023)

Encourage Training College (ETC)

### 2. Intermediate Level( Year 2021)

Quest Model College (3.10 )

### 3. School Leaving Certificate (Year 2019)

Jana Jagriti School (3.3 )

### 4. Diploma in Kitchen management( Year 2023-2025)

Rockford College

## **Work placement**

1. Provided all the basic nursing care such as bathing, grooming, feeding, and updating clothing, and assisting to walk etc.
2. Assessed and provided necessary care like mouth care, back care and bed bath.
3. Observed, recorded, and reported on changing patient symptoms and conditions.
4. Cared for clients with chronic and Acute health problems such as asthma, and Medical conditions such as Dementia, Diabetes, and Cancer.
5. Recorded and documented clients information in daily progress notes.
6. Provided rehabilitation techniques in daily living skills to help return patients to a prior level of functional ability.
7. Worked as part of a team to ensure proper care of body mechanics, safety, and the overall well-being of all clients.
8. Empowered clients to live as independently as possible, performing tasks that included handling clients personal hygiene to compiling paperwork.
9. Counsel patients Psychologically in order to bring about positive attitudes and toward depression.

## **CERTIFICATION AND TRAINING**

1. Certificate IV in Individual support (ageing)
2. Australian Police Clearance Certificate
3. Covid-19 Vaccination Certificate
4. flu vaccination

## **REFERENCES**

**Rockford college**

**0431181454([admissions@rockford.edu.au](mailto:admissions@rockford.edu.au))**

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