

REETIKA GHIMIRE

NURSING PROFESSIONAL

CONTACT

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0426 997 081

Claremont Meadows,
NSW 2747

EDUCATION

Bachelor Of Nursing

Western Sydney University
NSW

Certificate III in Individual Support – Ageing

Westview College
NSW

CERTIFICATIONS

Certificate III in
Individual Support (Ageing)

First Aid & CPR

Manual Handling

Working With Children
Check

Police Check

SUMMARY

Motivated and compassionate nursing student currently pursuing a Bachelor of Nursing, with hands-on experience in aged care and a Certificate III in Individual Support (Ageing). Completed 120 hours of clinical placement at St Simeon Healthcare, developing strong skills in personal care, hygiene, feeding, communication, and teamwork. Brings well-developed skills in customer service, time management, effective communication, and problem-solving, which enhance the ability to work efficiently under pressure and collaborate with diverse teams. Committed to delivering high-quality, empathetic care and eager to grow professionally in a supportive aged care environment.

SKILLS

- Personal care: showering, grooming, feeding, toileting
- Meal serving and dietary monitoring
- Bed making and hygiene maintenance
- Verbal and written communication
- Emotional resilience and empathy
- Teamwork and collaboration
- Strong observational skills
- First Aid and CPR certified
- Electronic documentation
- Knowledge of aged care standards
- Infection control practices
- Culturally sensitive care
- Compassionate elderly support
- Medication assistance
- Client assessment skills
- Effective interpersonal Communication

EXPERIENCE

Student Carer

St Simeon Healthcare | Plumpton, NSW

04/2025 - 05/2025

- Assisted 2-3 residents daily with showering, dressing, grooming, and toileting needs
- Served meals during breakfast and lunch, ensuring resident dietary requirements were followed
- Maintained a clean environment by changing linen, making beds, and sanitizing personal spaces
- Helped residents with mobility using walkers and hoists under

LANGUAGES

English

Full Professional

Nepali

Native/ Bilingual

Hindi

Professional

supervision

- Provided emotional support and companionship while encouraging independence
- Worked under supervision of RNs and collaborated with other care staff in a team environment
- Practiced safe manual handling techniques and followed infection prevention protocols

Crew Member

Hungry Jacks | Burwood, NSW

Store Supervisor

Samtimah grocery | Regents Park, NSW

Team Member

Spud Bar | Penrith, NSW

References

Available on request