

# REBEL ANN ENGLISH



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Camden South, NSW 2570

## PROFESSIONAL SUMMARY

I am a dedicated and compassionate nursing assistant with over 20 years experience. I am respectful and show empathy towards clients in my care to help improve their quality of life. I am dependable and have the ability to adhere to a strict work schedule and to follow specific instructions to ensure the best possible care given towards my clients. I have a lot of patients and a real desire to use my skills to take care of the individuals I care for. Along with my bubbly personality, I have a flare for client relations and am told often I have a very motherly nature. I am very observant and make sure anything out of the ordinary is reported and acted upon.

## SKILLS

- Needs Assessment
- Attentive to People
- Bedside Care
- First Aid Certification
- Caring Companionship
- Time Management
- Relationship Building
- Ability to Lift Clients
- Personal Hygiene Assistance
- Supportive Personality
- Clear Communication
- Independent Thinking
- Incontinence Care

## EDUCATION

### Dementia Australia

09/2018

Certificate 5 Aged Care Support  
in Dementia

### Tropical North Queensland

#### Institute TAFE

Inisfail • 10/2004

Certificate 3 Community Services  
(aged Care)

## WORK HISTORY

### Estia Health - Certified Nursing Assistant

Camden, NSW • 07/2017 - Current

- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Checked patient vitals such as temperature, blood pressure and blood sugar levels.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Cared for residents in assisted living facility and delivered high-quality support to meet needs.
- Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.
- Participated in fun group activities with patients to boost mood, improve overall memory and provide light entertainment.

### Kennedy Health System - Nursing Assistant

Camden, NSW • 02/2010 - 07/2017

- Checked patient vitals such as temperature, blood pressure and blood sugar levels.
- Documented care actions by completing records and logs in medical software system.
- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Helped patients effectively manage routine bathing, grooming

and other hygiene needs.

- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Maximized patient satisfaction by helping individuals carry out personal tasks such as dressing and walking.
- Agreed to take on additional shifts and extra hours during busy periods and holidays to maintain proper staffing and floor coverage.
- Participated in fun group activities with patients to boost mood, improve overall memory and provide light entertainment.

#### **Warrina Nursing Home - Certified Nursing Assistant**

*Innisfail , QLD • 02/2008 - 02/2010*

- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Checked patient vitals such as temperature, blood pressure and blood sugar levels.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Delivered individualized patient care by recording vital signs, documenting observations, administering treatments and evaluating patient needs.
- Cared for residents in assisted living facility and delivered high-quality support to meet needs.
- Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.

#### **Carrington - Community High Care**

*Camden, NSW • 02/2007 - 02/2008*

- Quickly learned new skills and applied them to daily tasks, improving efficiency and productivity.
- Carried out day-day-day duties accurately and efficiently.
- Demonstrated respect, friendliness and willingness to help wherever needed.
- Worked flexible hours; night, weekend, and holiday shifts.
- Maintained excellent attendance record, consistently arriving to work on time.
- Served customers and followed outlined steps of service.

## **PERSONAL DETAILS**

I was born and have spent most of my life in Camden. I am married with three wonderful children and have two adorable dogs. My hobbies include, long walks, reading, going to the movies and spending time with family and friends

