

# Rasmi Bhandari

Nielsen Ave, Carlton  
0403884815  
bhandarirasmi11@gmail.com

Compassionate and dedicated Assistant in Nursing (AIN) with experience in providing exceptional care in aged care settings seeking a position in aged care to provide quality assistance to elderly individuals where I can utilize my strong manual handling skills.

## EXPERIENCE

### Vital Home Health Services — Care Worker PRESENT

- ☐ Assisted resident with daily activities living (ADLs) including bathing, dressing, grooming and mobility.
- ☐ Monitored resident well-being and reported changes in resident health status to health services.
- ☐ Provided palliative care and end-of-life support with empathy and respect.

### Killara Glades Care Community — Killara, Sydney

- ☐ Collaborated with healthcare teams to develop and implement personalized care plans.
- ☐ Maintained compliance with Standard 20 regulations and other healthcare policies
- ☐ Assisted residents with daily activities living (ADLs) including bathing, dressing, grooming and mobility.
- ☐ Monitored residents well-being and reported changes in residents health status to health services.
- ☐ Conducted regular health checks and documented patient information accurately.
- ☐ Supported elderly residents with ADLs, promoting independence and dignity

## EDUCATION

### Macquarie University — Sydney, Australia

- ☐ Bachelor of Cybersecurity

### Certificate III in Individual Support — CHC3301

- ☐ Killara Glades Care Community — 95 Stanhope Road, Killara NSW 2071
- ☐ Manual handling Certificate
- ☐ CPR/ First AID Certificate

## KEY Achievements

- ☐ Successfully managed the care of elderly residents, ensuring their safety and well-being.
- ☐ Implement a new patient-centered care plan that improved resident satisfaction.
- ☐ Played a key role in achieving Killara Glades Care Community accreditation by adhering to high standards of care

## Reference

☐ Nisha koirala- 0450208739  
[Nisha.koirala@health.nsw.gov.au](mailto:Nisha.koirala@health.nsw.gov.au)  
RN- Westmead Hospital

☐ Punam Ghimire -0414705703  
[punamghimire2054@gmail.com](mailto:punamghimire2054@gmail.com)  
RN- Killara Glades Care Community

☐ Niranjana Prasai- 0451995201  
☐ Susma Rawal-0426221918

