

Rasmi Balami

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Professional Summary

Compassionate and details oriented Certified Medical Assistant with 10+ years of experience in renowned hospital “Spark Health home” of Nepal pioneer for Physiotherapy and Rehabilitation services. Dedicated to providing high quality care and support to elderly individuals, ensuring their comfort, dignity and well-being. Passionate about providing exceptional care to aging individuals and enhancing their quality of life.

Key Skills

- Personal care assistance (bathing, dressing, grooming)
- Meal preparation and feeding support
- Emotional support and companionship
- Manual handling and mobility assistance
- Knowledge of aged care standards and policies
- First aid and CPR certified

Work Experience

- **Certified Medical Assistance**
Spark Health Home- Kathmandu Nepal (Jun 2012-Jan 2024)

Responsibilities:

- Patient preparation and Assistance
- Maintaining electronic medical records.
- Assist patients with mobility and transferring to treatment areas
- Measures and record vital signs such as blood pressure, heart rate, and temperature.
- Monitor patients progress during therapy sessions.

- **Age care placement (120 hours)**
Advantaged Care- Sydney, Australia

Responsibilities:

- Assisted residents with personal care tasks
- Support meal preparation
- Monitored residents physical and emotional well being
- Maintained accurate records of daily care activities and progress
- Built trusting relationships with residents

Education and Certifications

➤ **Certified Medical Assistant (CMA)**

Ambika Health Training School- Kathmandu, Nepal

Completed: Sep 2010

➤ **Certificate IV in Ageing Support**

Advance college - Sydney

Completed: Dec 2024

References

Sunaina Awal (Registered Nurse) – 0420956213

Krishna Keshari Prajapati (Assistance in Nurse) - 0450958632