




RASHMI GHARTI

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 Hornsby, NSW 2077

PROFESSIONAL SUMMARY

Energetically leveraged direct patient care and team collaboration skills at Unidex Healthcare, enhancing patient comfort and safety. Excelled in nursing placements at Gosford and Woy Woy Hospitals, mastering medical terminology and patient assessments. Proven track record in training and emergency response, significantly reducing fall incidents and fostering positive patient relationships.

SKILLS

- Medical terminology knowledge
- Responding to emergencies
- ISBAR handover and documentation.
- Patient Assessments and Transfer techniques

EDUCATION

University of Newcastle
Central Coast, NSW

Bachelor Of Nursing

CERTIFICATIONS

First aid and CPR
NDIS screening check

WORK HISTORY

Unidex Healthcare - Disability Support Worker

North Strathfield, NSW • 12/2023 - Current

- Provided assistance in ADLs by dressing, bathing, and toileting patients as well as mobilized patients using appropriate mobility equipment.
- Developed strong interpersonal relationships with clients, earning their trust and respect through consistent empathy and understanding and also provided emotional support throughout the care.

Gosford Hospital- Geriatric Ward - Completed 160 Hours of Nursing Clinical Placement

Gosford, NSW • 04/2024 - 05/2024

- Promoted patient comfort by promptly addressing pain management needs and assisting with activities of daily living.
- Demonstrated commitment to ethical practice by adhering to professional standards of confidentiality, safe medication administration.
- Developed nursing skills under the guidance of experienced preceptors, implementing evidence-based practices for optimal outcomes.
- Gained hands-on experience performing various nursing procedures such as IV insertion, wound dressing changes and specimen collection.

McDonald's - Crew Leader/ Crew Trainer

Waitara, NSW • 01/2023 - 05/2024

- Trained employees in time management and proper ways to complete job duties.
- Maintained a safe working environment by enforcing strict adherence to safety guidelines and promptly addressing potential hazards.

Woy Woy Hospital (Geriatrics) - Completed 80 Hours of Nursing Clinical Placement

Woy Woy, NSW • 09/2023 - 10/2023

- Checked patient vitals such as temperature, blood pressure, and

blood sugar levels.

- Reduced fall incidents by implementing safety measures like bed alarms and proper positioning techniques.
- Prevented pressure ulcers development through frequent turning, repositioning of patients, and diligent skin assessments.
- Utilized therapeutic communication, empathy and active listening skills to encourage and develop positive relationships with patients.