

RANJITA GHIMIRE DUMRE

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I am a self-motivated, task oriented, assiduous, and dedicated person, who really wish to expand the skills and knowledge through working as Aged Care worker and my future goal is to further develop my career in nursing field. I offer **3 years of experience** in aged care as a care staff.

WORK EXPERIENCE

The Salvation Army

(April 2024- March 2025)

AIN

- Providing care, companionship and emotional support to residents, helping to support their independence and improve their quality of life.
- Providing daily assistance such as showering, personal hygiene, dressing, helping at mealtimes and with general mobility.
- Assisting with medication and simple wound dressings.
- Attend to routine checks, i.e. blood pressure, temperature, pulse, blood sugar.
- Maintain accurate documentation throughout each shift.
- Supporting residents in community-based recreational and social activities.
- Recognize and respond to change in the condition of residents' health & well-being

Anglicare

(Nov 2021- Oct 2022)

Assistant in Nursing

- Providing daily assistance such as showering, personal hygiene, dressing, helping at mealtimes and with general mobility.
- Maintain accurate documentation throughout each shift.
- Assisted residents with feeding and maintain the safety of residents.
- Monitored vital signs and escalate to the RN's.

Uniting Care

(Nov 2020- Oct 2022)

Assistant in Nursing

- Assisted residents with personal care needs, including showering, dressing, and toileting.
- Administered medications to the residents.
- Worked as a recreational activities officer to improve or maintain the physical and mental function of the residents.
- Aided assistance as described in resident's profile.
- Completed reporting and documentation of the residents.
- Consulted with RN and clinical manager in case of any issue and incident.
- Assisted residents with feeding and maintain the safety of residents.
- Monitored vital signs and escalate to the RN's.
- Applied safe Manual Handling practices for transferring residents.

SUMMARY OF SKILLS |STRENGTHS

- Proven track record of open, team-oriented behavior
- Exhibit resourcefulness, flexibility, creativity, versatility
- Effective communication skills (verbal, written, presentation)
- Basic food safety practices
- Expert in using **ICARE** on updating and generating different clinical and medical report of the residents.
- Training on Communicating with dementia Patients

EDUCATION

- CHC33015- Certificate III in Individual Support (Ageing and Disability)

TRAINING

- First Aid/ CPR
- Manual Handling
- Medication
- Suicide Prevention
- WHS Training
- Fire Safety
- Working with Vulnerable

REFERENCES

Frankie Khu (Centre Manager)

Email: frankie.khu@salvationarmy.org.au

Nisha Sapkota Adhikari (Registered Nurse)

Email: nisha.sapkotaadhikari@salvationarmy.org.au

Binu Mainali (Registered Nurse)

Email: Binu.Mainali@health.nsw.gov.au