

# Rachi Rana

## Contact

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## Education

### Stevens Institute of Technology

Hoboken New Jersey, U.S.A  
**Master's in computer science**  
2022

### Tribhuvan University

Kathmandu, Nepal  
**Bachelor of Computer Science**  
2016

## Key Skills

Patient Care  
First Aid  
Elderly Care  
Mobility Assistance  
Domestic Assistance  
Multitasking  
Communication  
Problem-solving

## Objective

Dedicated and compassionate Aged Care Team Member focused on providing personalized care to elderly residents. Skilled in assisting with daily living activities, promoting independence, and fostering a supportive environment. Seeking to contribute expertise and passion for enhancing the quality of life for seniors.

## Experience

Aged Care Team Member / Placement

### ***Bupa Aged Care Baulkham Hills***

- Assisted elderly residents with activities of daily living, including bathing, toileting, and meal preparation, while preserving their dignity and independence.
- Used portable patient hoist and standing lifter for residence maneuver and implemented pivot technique.
- Monitored residents' health status and reported any changes to the nursing staff, ensuring prompt medical attention when necessary.
- Provided emotional support and companionship to residents, fostering a positive and nurturing environment.
- Administered medications according to prescribed schedules and documented medication administration accurately.
- Collaborated with other team members to develop and implement care plans tailored to each resident's needs and preferences.
- Maintained a clean and safe living environment by adhering to infection control protocols and safety standards.

## Certification

- First Aid Certificate
- Certificate III in Individual Support

## References

Dhaval Thakor – Registered Nurse( Bupa Aged Care)  
Thakordhaval.p@gmail.com