

Rabina Thapa
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Objectives:

I am a caring person with compassion and good at fulfilling responsibilities with a strong commitment to providing quality aged care services to elderly people who can live with supreme dignity, comfort, and independence.

I am looking for an Assistant in a nursing role, where I can deliver excellent nursing care service through the experience that I gained from Certificate III. In individual care and support training. I describe myself as a hard working committed, fast learner, who can work under pressure, can do multiple tasks and prioritize the job requirements with a "can do" attitude. As a dedicated person, I intend to be a part of the achievers to fulfill the exploring possibilities for a challenging position in a fast-growing professional organization, where I can improve my skills and strength with the accomplishment of the organization's goals and objectives. I have ability to care the day-to-day needs of aged people and will always demonstrate compassion, dignity, and respect when caring them.

PROFESSIONAL PROFILE

- Worked different aged care facilities as an Assistant in nursing through Meditech staffing agency and HQ agency.

Skills of age care

- Patience and empathy
- Communication
- Problem-Solving
- Attention to detail
- Physical fitness
- Compassion
- Time management:
- ability to multitask while at work
- Self-motivated and quick learner

Key Responsibilities:

- Providing personal care, such as bathing, grooming, and dressing elderly individuals.
- Monitoring the client's overall health and well-being, and reporting to the RN if there are any significant changes.
- Assisting ADLs to enhance the quality of life for elderly residents in accordance with the residence plan of care.
- Ensure residents' confidentiality, and privacy, is maintained in accordance with the 'charter of resident rights'.
- Provide compassionate and patient-focus care to cultivate well-being.
- Record status and duties completed in log books for management.
- Complete regular check-in and progress reports for each client.
- Communicating with family members and health care professionals to ensure that elderly individuals receive the best possible care.
- Providing emotional support and companionship to elderly individuals.
- Documenting care plans and maintaining accurate records of patient care.
- Identifying and reporting any changes in patient health or behaviours to health care professionals.

Experience:

- I have 8 months of experience in McDonald's as a cashier and customer service, which is located at 183 Botany road Waterloo.
- I have done 3 weeks of placement as an AIN on St. Patrick Green which is located at Kogarah NSW and also I learned a lot of things.
- I have 7 months of experience as an AIN in different aged care facilities through agency.
- Currently working as a AIN through HQ agency and meditech staffing agency.

Other Qualification:

- Certificate III in Age care
- First Aid Certificate
- Manual Handling
- AIN in meditech staffing agencies and HQ Agency.

Education Qualification:

- ❖ Bachelor in Professional Accounting, Holmes Institute
- ❖ Certificate III in ageing and disability support, Aussieglobe education and migration

Trainer and Assessor

Rajan Khatiwada Phone :
04220498555
rkhatiwada@aussieglobeacademy.com.au
Placement (120 Hrs.)
St. Patricks Green, 40 chapel streets, Kogarah NSW 2217

Date of Placement: 25 January 2023 - 15 February 2023

Availability:

- Monday-Sunday, weekend, public holidays.

References:

Name: Helen katrib
Care manager Phone:
0460859775
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Name: Tony Seenz
Care Coordinator
Contact number: 0451929130
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Name: Ronsha Shrestha
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