ROZEE MAHARJAN

2/9 Pembroke street, Epping, NSW 2121

<u>0449 880 176</u>

rozsaz57@gmail.com

A self-motivated and hard-working individual can cope well under pressure. Proven ability to use initiative and problem-solving skills to successfully deal with challenges and effectively handle difficult situations. An energetic and fast learner who is committed to excellent result, team orientated and fast learner.

Current Objective:

I am currently looking for a casual or part-time role where I can continue to develop my interpersonal and communication skills whilst I complete my studies in nursing. My current availability is everyday and available to do any shift.

Experience:

Setia Health, Epping The Popular-2020 till now:

- Assisting patients with activities of daily living such as showering, bathing, dressing, grooming, and toileting.
- Preparing patients for an appointment or outings.
- Maintaining a clean and safe working environment.
- Serving meals to patients then monitoring their eating habits and feed them if necessary and providing meal supplements as needed.
- Keeping patient's rooms and equipment clean, neat and orderly.
- Generally assisting with patients' overall comfort.
- Helping patients to walk transfer and use a different walking aid

***** <u>Cafe all-rounder – 2018 September to till now</u>

Bar gelato – Darling Harbor

Responsibilities:

- Sandwich hand: making sandwich as order
- Barista: making coffee
- Cash handling
- Cleaning: moping the ground, cleaning glass, maintaining the area tidy
- Customer service: timely served

• Customer relation: once I met one customer who came for the coffee and the customer got wrong order so he was angry then I made him new coffee and asked for the apology.

***** <u>Registered nurse -2017 February – 2018 February</u>

- Kathmandu hospital Tripureshwor Kathmandu
- <u>Responsibilities:</u>
 - Providing care and medication to the patient
 - Assisting doctor with patient.
 - Medication Administration
 - Patient evaluation
 - Patient consultation
 - Patient Management
 - Personal care needs
 - Care Plan Development
 - Infection control measures
 - Maintaining their record and reports.

* <u>Registered nurse: 2016 September-2017 January</u>

- Primary health care center Lalitpur, Nepal
- <u>Responsibilities:</u>
 - Conducting health promoting programs
 - Providing care and medication
 - Assessing and evaluating care for patient.
 - Patients advocacy
 - Provide midwifery, antenatal and postnatal care
 - Providing treatment and care to the patient.
 - Documenting and recording

* <u>Skill:</u>

- Profound knowledge on sales and customer service
- Strong networking and problem solving skill

- Great team player with the ability to multitasking
- Punctual friendly and approachable
- Planning and organizational skills
- Excellent in building client relationship
- Good communication skill
- Expert with advance Microsoft excel, word, PowerPoint
- Hospice and palliative care experience
- Fast learner
- Stress tolerance
- Conflict management
- Customer service orientation

Education:

Diploma in Leadership and Management: 2019 – 2020

Australian Health and Management Institute Harris Park, NSW

Certificate IV in ageing support: 2018 – 2019

Australian Health and Management Institute Harris Park, NSW

Proficiency level certificate in Nursing

Green Tara College of Health Science Kathmandu, Nepal

References: -

Ganga (Registered Nurse)

Estia Health Epping

Phone num: 0449989177

Mandip Shrestha

Phone num: 0468865016

Registered Nurse