

Mia Flodin

DOB: 04/12/2001

Address: 156a Copeland Rd East, Beecroft 2119, NSW

Mobile: 0478578986

Email: miaflodin1@gmail.com

EDUCATION AND TRAINING:

- Australian Catholic University (2020 - 2022), NORTH SYDNEY
Bachelor of Nursing
 - Cheltenham Girls High School (2014 - 2019), CHELTENHAM
Year 12 subjects: English, Mathematics, Business Studies, Visual Arts, Biology
-

SKILLS AND ATTRIBUTES:

- High stamina levels - able to maintain composure when working long hours in high-pressure situations.
 - Maintain successful patient confidentiality
 - Fluent in English
 - Experienced in customer service (5 years)
 - Attention to detail
 - Quick and eager to learn new skills
 - Punctual
 - Cooperative team member
 - Works well and enjoys fast pace environments
 - Great communication skills
 - CPR/First Aid certificate
 - NSW National Police Check/Working With Children Check
-

PROFESSIONAL EXPERIENCE

Clinical Placements

Hornsby Kuringgai Hospital

Cardiology/Respiratory Ward 2D

80 Hours

12/09/2022 - 23/09/2022 (PM shifts)

- Final placement as a nursing student.
- Enhanced my time management skills.
- Further developed autonomy in my practice.

Hornsby Kuringgai Hospital

Emergency Department

160 Hours

15/08/2022 - 09/09/2022 (AM shifts)

- Further developed my ability to perform in high-stress and busy environments.
- Gained experience in the various areas of the ED: Acute, paediatrics, resuscitation, triage, and short-stay.

PROFESSIONAL EXPERIENCE

Clinical Placements (continued)

Royal North Shore Hospital

Haematology Ward 8E

160 Hours

16/05/2022 - 10/06/2022 (AM/PM shifts)

- Managed four patient loads per shift
- Managed oral, intramuscular and subcutaneous medication administration under the supervision of RN.
- Able to recognise signs of patient deterioration and report to the RN.
- Conducted A-G Assessments of patients

Concord Repatriation General Hospital

Neurosciences Ward 5 North

160 Hours

07/02/2022 - 04/03/2022 (AM shifts)

- Participated in the handover of patients to nursed and allied health staff.
- Gained confidence and proficiency in documentation using EMR.
- Assisted and cared for patients with limited mobility and neurological deficits.

St Vincent's Hospital Sydney - Public

Medical Ward Xavier 9 North

160 Hours

24/05/2021 - 18/06/2021 (Night/PM shifts)

- Developed and maintained quality therapeutic relationships with patients.
- Communicated effectively with patients' families, nurses, doctors and other medical staff.
- Documented and reported on patient care proficiently.
- Became confident in performing delirium screening assessments.

SummitCare - Waverley

80 Hours Aged Care

30/11/2020 - 11/12/2020 (AM Shifts)

- Checked and monitored patients' vital signs
- Assisted patients with activities of daily living (bathing, dressing, toileting, maintaining personal hygiene, eating and drinking, and mobilising).

Retail Experience:

Team Leader at KFC Carlingford Court

August 2017 - Present

- Gained extensive customer service experience
- Developed the ability to perform well in high-stress situations and a busy environment
- Developed training and teamwork skills, and was chosen by management to become a team leader.

REFERENCES:

Letizia Mitchell

Clinical Placement Facilitator
(Facilitator at 8E, Royal North Shore
Hospital for 4 weeks, 2022)
P: 0409 210 105
E: letizia.mitchell@acu.edu.au

Monica Rückholdt

Lecturer in charge for NRSG373
(Lecturer and practical class educator from
2020-2022)
P: +61 2 97392059
E: Monica.Ruckholdt@acu.edu.au

Dylan Bannyan

Restaurant General Manager (KFC)
P: 0458 338 846
E: dylan@athuholdings.com

Megan Li

Assistant Manager (KFC)
P: 0420 628 283
E: meganli2208@gmail.com