

RESUME- KRITIKA NEUPANE

DISABILITY & AGED CARE WORKER

5 Berrillee Lane, Turramurra, NSW

Phone: **0450 699 866**

Email: Kriks.neupane7@gmail.com

PERSONAL STATEMENT

I am a hard working, responsible and reliable personal carer looking for employment where my practical skills and enthusiasm for aged & disability care can be put to use. The prospective employer will find that I am cooperative, committed and work well in a team. I aim to serve individual client needs with respect, compassion and understanding and especially enjoy looking after elderly people.

KEY AREAS OF ABILITY

- Bright and happy disposition at all times.
- Competent and willing to undertake any tasks as directed.
- Hardworking and compassionate with good organizational skills.
- Well developed communication skills.
- A strong record of caring for elderly and disabled clients.
- First aid training

EDUCATION (Currently studying)

Part time student (at Nurse Training Australia college, Sydney)

1. Certificate IV in Ageing Support
2. Diploma in Community Service

CERTIFICATIONS:

Certificate III in Ageing and Disability.

Completed in year 2022 (Cube Institute, Sydney, NSW)

Criminal History Check

New Worker NDIS Induction Module (NDIS Quality and Safeguards Commission)

First aid including CPR (CBD College, Hornsby)

TRAINING (Completed)

- Work health and safety (WHS) training
- Manual Handling or Moving and Handling of People
- Food Hygiene
- Emergency First Aid and CPR at Work
- COVID-19 Training (NSW Government)

WORK EXPERIENCE IN AGED & DISABILITY CARE

- July 2022, Work Placement in different aged care homes, including Genista Aged Care, Meadowbank Grove care, Columbia Aged care.
- July 2022 (Support Foundation) – Worked as aged care support worker for 6 months, various private clients.
- January 2023 (KNC)- Worked as home carer for 10 months. (can provide reference)
- August 2023 (Health Care Australia)- Worked as Assistant in Nursing
- Aged care support for various private clients via Mabel & Careseekers. 2023.

KEY RESPONSIBILITIES

- Helping patients with self-care and hygiene.
- Anticipating and proactively addressing client needs.
- Provide reminders for medication and appointments.
- Providing companionship, taking patients/clients on outings.
- Providing mobility assistance to safely ambulate clients in different spaces.
- Assisting clients with daily living activities in-home or within a care facility.
- Communicating with families and healthcare teams regarding health concerns, nutrition, cleanliness and household activities.

REFERENCES

Margaret Roberts

Client's daughter/employer (10 MONTHS)

Phone: 0411 320 965

Ashmita Nepal

Email: nepalasma123@gmail.com

Phone: 0450 678 452

Trainer/ Training Manager

