

# **AARATI ALE MAGAR**

15 King Street, Ashfield NSW 2131  
Mobile: +61 449 917 967 Email: aaratibohara31@gmail.com

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## **NURSING PROFESSIONAL**

Implementing nursing skills and building strategies to exceed expectation of Stakeholders.

## **PROFESSIONAL PROFILE**

Working on customer service in Australia completed studying and work placement as a Certificate IV (Ageing Support) caring elder and disable people with proper documentations.

## **KEY AREAS OF ABILITY**

- Analysis, strategy development and delivery from identified needs
- Traditional care and commitment to organizational targets
- Communication nucleus with depth of cultural awareness
- Rapport and relationship management with lasting focus
- Enthusiastic, knowledge-hungry learner and committed to excellence in my work
- Highly motivated self-starter who takes initiative with minimal supervision
- Conscientious go-getter who is highly organized, dedicated, and committed to professionalism
- Resourceful team player who excels at building relationships with customers and colleagues
- Productive employee with solid work ethic who exerts optimal effort in successfully completing tasks

## **HIGHER EDUCATION**

- Bag Bhairav High School(2013)

## **TRAININGS**

- Manual Handling
- Infection Control and Hand Hygiene
- Dementia Handling
- Elder Abuse Training
- WHS Training
- Cultural Diversities Training
- Incident/Accident/Hazard Management Training
- Continenence Management and Assessments

## CERTIFICATIONS

- Diploma in Beauty, Culture and Hair Dressing from NEELDAVID'S Hair and Beauty Academy Pvt. Ltd. Kathmandu, Nepal (5th March 2017)
- Certificate IV (Ageing Support), Victoria Healthcare College

## PROFESSIONAL EXPERIENCE

Worked on self owned Beauty Centre Aarati Beauty Parlour, Kathmandu, Nepal (April 2017- October 2019)

- Dealt with hair dressing like Haircutting, Hair dying, Hair wash and Hair Dry.
- Dealt with Beauty related work like Face Make up, Threading, Facial, cleansing and Face massage.

Voluntarily Contribution in care of old aged women (mothers) at Matatirtha Old age Home Committee, Kathmandu, Nepal (July 11, 2023 – January 19, 2024)

Assistant In Nursing- Under Supervision (Work Placement)

- To establish rapport with families, staff and volunteers and facilitates communication between
- To protect the rights of residents and ensures care provided maintains resident's dignity and privacy
- To respect the confidentiality of residents as well as other team members
- To have an understanding of the internal/external complaints mechanism
- To have an understanding and commitment to Continuous Quality Improvement
- To attend the personal needs of the resident including all activities of daily living, social emotional support in accordance with the care plan and at the direction of the Supervisor Care Leader / Duty Nurse
- To provide opportunities for residents to participate in meaningful activities
- To support resident's choice/decision making
- To provide domestic services in the residential facility including food handling, laundry, cleaning and other tasks as instructed by the Care Leader / Registered Nurse
- To report and document any changes in resident's health and well-being
- To maintain hygiene/safety practices in accompanying caring tasks
- To demonstrate an ability to complete appropriate Incident/Hazard Reports
- To have awareness of practices and maintains a safe environment including Fire Safety, Evacuation, and Emergency Procedures
- To maintain the workplace equipment and environment
- To recognize health and environmental hazards and reports damages, faults and problems, using appropriate incident reporting
- To fulfill duties as allocated and prepared to alter routines to meet the changing needs of the residents
- To work cooperatively as a team member and supports new and less experienced staff
- To maintain appropriate hand-washing techniques
- To follow correct Manual Handling Procedures

## **Key Responsibilities as an AIN:**

- To maintain WH&S standards
- To provide training and support to the new staffs
- To maintain proper chemical handling procedures
- To maintain proper cleaning and hygiene standards

## **ACHIEVEMENTS**

- Highly appreciated for my hard work and efforts wherever I had worked
- Highly appreciated at my work placement for my quick learning attributes
- Highly appreciated by the management and the clients for my contributions and support

## **INTEREST**

- Working for the community and society
- Aged care, disability care and childcare
- Basic computers with administration roles

## **REFERENCE**

Victoria Healthcare College  
Suite 603 267-277 Castlereagh St, SYDNEY, NSW, 2000  
0466 315 462

South haven Aged Care  
11 Queensbury Road, Padstow heights, New South Wales 2211  
(02) 9782 6010