

RESUME

Sonam DEKI

Address: 9C Boulder Street, Bentley WA 6102

Mobile: 0426640415

Email: sonam87deki@gmail.com

Professional Summary

Compassionate and dedicated **Resident Support Worker** with over three years of experience in aged care services, specializing in dementia care and medication administration. Proficient in using aged care IT systems like LeeCare, iCare, and AutumnCare. Known for delivering exceptional care through a person-centered approach and fostering an environment of dignity and respect for elderly residents. Adept at working collaboratively within a team or independently to ensure high standards of care and safety.

Key Skills & Strengths

- **Aged Care Expertise:** Skilled in dementia care, personal support, and administering medication with accuracy.
 - **IT Proficiency:** Competent in LeeCare, iCare, AutumnCare, and other care management software.
 - **Empathy & Communication:** Strong ability to communicate with empathy and adapt care based on individual needs.
 - **Teamwork & Leadership:** Experienced in leading small teams to deliver quality outcomes while collaborating effectively.
 - **Problem-Solving:** Quick thinker with the ability to resolve challenges in fast-paced care environments.
 - **Manual Handling Expertise:** Certified in using hoists, wheelchairs, slide sheets, and other mobility aids.
 - **Customer Service Excellence:** Dedicated to enhancing the quality of life for clients and their families.
 - **Driving Skills:** Licensed driver with a personal vehicle, ensuring reliable transport for home care clients.
-

Employment History

Multi-Skilled Carer

Juniper Hilltop, Bentley WA 6102

(April 2021 – Present)

- Deliver direct care and support to elderly residents through a compassionate and person-centered approach.
- Assist with personal hygiene tasks, mobility support, and meal assistance.
- Administer medication accurately and monitor residents' physical and emotional well-being.
- Document care plans and updates using IT applications like ICare.

Assistant in Nursing

SwanCare Aged Care Facilities, Bentley WA 6102

(December 2021 – Present)

- Provide individualized care to elderly residents, including those with dementia.
- Utilize manual handling equipment, ensuring residents' safety during transfers and daily activities.
- Support independent living by delivering quality home and community care services.
- Foster a positive and respectful environment for residents, families, and staff.

Education

- **Certificate III in Individual Support (Ageing & Home and Community)**, Perth WA (2021)
 - **Master of Community Development**, Murdoch University, Perth WA (2019-2020)
 - **Master of Professional Accounting**, Australian National Institute of Management and Commerce, NSW (2023)
 - **Primary School Teacher:** Panbari Primary School, Samtse Bhutan (2011-2018)
 - **Bachelor of Education**, Paro College of Education, Royal University of Bhutan (2007-2011)
 - **Year 12:** Bhutan Higher Secondary School Certificate (2006)
-

Professional Development & Certifications

- **Medication Competency Training** – Current
 - **Dementia Care Certification** – Current
 - **Manual Handling and Safety Practices** – Current
-

Hobbies & Interests

- Passionate about cooking and exploring multicultural cuisines.
 - Enjoy meeting new people and learning about different cultures.
 - Love traveling and visiting new places.
-

Personal Details

- **Name:** Sonam Deki
 - **Gender:** Female
 - **Date of Birth:** 24th December 1987
 - **Marital Status:** Married with 1 child
 - **Languages:** Fluent in English (written & spoken)
 - **Home Country:** Bhutan
 - **Religion:** Buddhist
-

References

Available upon request.