

Juraley Lancaster

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lilypannares@gmail.com

SKILLS AND ATTRIBUTES

- Ability to work with minimal supervision and able to follow instructions
 - Be able to demonstrate a good work ethic and the ability to work within a team
 - Experience in working with different cultures
 - Reliable, hardworking and have a good communication skills
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WORK EXPERIENCE



HammondCare Nursing Home

August 2020 until present

- SDC - Specialised Dementia Carer in High-Risk Unpredictable Behaviour Management Unit Linden up to present

August 2016 to 2020

- SDC - Specialised Dementia Carer in High-Risk Behaviour for 4 years

August 2011 to 2020

- SDC - Specialised Dementia Carer in Palliative Care for 5 years
- Working as a Life Engagement running a Cafe

RELEVANT WORK EXPERIENCE

- Mental Health Support Worker
- Aged Care Worker
- Dementia Care Worker
- Assisting Clients with medications
- Carer, Cook and Cleaner
- Lifestyle Support Worker

QUALIFICATIONS

30 March 2016 Certificate IV Community Services Aged Care

- CHC40108 Certificate IV in Aged Care

2 April 2014 Certificate of Real Case, Real Time Diabetes

UNSW (HammondCare)

- Diabetes & the impact of Ageing Physiology
- Complications associated with diabetes

- Management of diabetes
- Maintaining independence and life engagement

**5 February 2014 Certificate of Nutrition and Disease
UNSW (HammondCare)**

- Implications of Ageing and healthy eating
- Obesity and risk factors
- Metabolic Syndrome
- Healthy diet and exercise impact on well-being

**6 November 2013 Certificate of Exercise, Mobility and Falls
UNSW (HammondCare)**

- Physiological Effects of ageing
- Exercise and the older adult
- Rehabilitation after fracture

**9 October 2013 Certificate of Understanding Dementia - Knowing the Person
UNSW (HammondCare)**

- Effective Communication
- Enabling environments
- Life engagement
- Partnering with families

**11 September 2013 Certificate of Delirium, Dementia & Depression
UNSW (HammondCare)**

- Presentation & differentiation of disorders
- Interdisciplinary collaborative practice
- Early detection and treatment
- Focus on the person, not the disease

**17 July 2013 Certificate of Understanding Ageing
UNSW (HammondCare)**

- Normal Ageing processes
- Identify & differentiating disease from ageing
- Whole of life understanding

**5 November 2013 Statement of Attainment
CHCAC416A**

- Facilitate support responsive to the specific nature of dementia

20 February 2013 Certificate III in Aged Care CHC30208

20 February 2013 Certificate III in Home and Community Care CHC30308

01 April 2005 Diploma - Bachelor of Elementary Education
(Major in English)

12 May 1999 Certificate - Asian College of Science and Technology

REFEREES

Name: Rhonda Martin
Position: Workplace Trainer (HammondCare Nursing Home)
Phone: 0433894498
Email: rhondamartin@hammondcare.com.au

Name: Donna Parker
Position: Team Leader in High Risk Behaviour Management Unit
Phone: 0432582955
Email: donnaparker1963@gmail.com