

RESUME

Name: PRAGYA JOSHI

Address: 4 42 Northumberland Road, Auburn, NSW 2144

Email: pragyajoshi9378@gmail.com

Mobile: 0420883407

Objective:

I am looking for a part time employment for the post of Assistant in Nursing. I wish to have my career which employs my skills and expertise fully to join the organization which values enthusiasm, professionalism, and commitment to perform significant responsibilities and opportunities.

Trainings:

- First Aid Training
- CPR Training
- Manual Handling
- NDIS Workers Screening Training

Certificates:

- Police certificate
- First Aid and CPR Certificate
- Certificate III Individual Support (Ageing/Disability)

Personal Attributes:

- Problem-solving and multi-tasking skills
- Strong work ethics, exceptionally reliable

- and hardworking
- Excellent organizational, prioritization, and time management skills
- Good communication, interpersonal.
- Ability to work well in a team.
- Independently with minimal supervision

Professional skills:

- Compassionate and empathetic approach to caregiving.
- Proficient in providing personal care assistance, including bathing, dressing, and grooming.
- Ability to support individuals with mobility challenges, including using mobility aids and transferring techniques.
- Excellent communication skills of interacting with clients, their families, and healthcare professionals.
- Strong problem-solving abilities to address unexpected situations and challenges effectively.
- Patient and calm demeanor to provide reassurance and emotional support to clients.
- Knowledge of ageing and disability rights and advocacy to ensure client's needs are met.

Experiences:

Placement (120 Hours)

Meadowbank Grove Care Community

8 Sherbrooke Rd, West Ryde NSW 2114

(From 17-03-2025 to 08-04-2025)

- Helped long-term care facility nursing personnel with patient care tasks.
- As needed, assist them with eating, moving, and walking.
- Kept tenants' living quarters tidy and orderly while also seeing to their comfort.
- Recorded observations and offered suggestions for meetings on care planning.
- Helped put residents' educational and recreational activities into action.

Availability:

Monday, Tuesday, Wednesday, Friday, Sunday (24 Hours per week)

Reference:

Pratima Joshi

Registered Nurse

Ph. No.: 0420903507

Email: PJoshi3@baptistcare.org.au