

Contact

Address
G03/425 Liverpool Road Ashfield
NSW 2131

Phone
0452359755

E-mail
Prematamang1526@gmail.com

Skills

- Effective Communication and interpersonal skill
- Patient care and assistance
- Vital signs monitoring
- Medical equipment operation
- Medical record documentation
- Detail oriented
- Team-player

Languages

English

Nepali

Hindi

Career Objective

Dedicated and compassionate nursing assistant seeking a position to utilize my strong caregiving skills and medical knowledge to provide exceptional patient care in a dynamic healthcare environment. Proficient in assisting with daily activities, monitoring vital signs, and ensuring a safe and comfortable patient experience.

Employment History

June 2023

Assistance In Nurse (Placement)

Bupa Age Care, Mosman, NSW

- Assisted registered nurses and medical staff in providing direct patient care, adhering to established protocols and care plans.
- Monitored and recorded vital signs such as temperature, pulse, blood pressure, and respiration rates accurately.
- Assisted patients with personal hygiene, bathing, grooming, and dressing, ensuring their comfort and maintaining their dignity.
- Provided support in mobility and ambulation, transferring patients safely using appropriate techniques and equipment.
- Assisted with feeding, administered medications, and documented patient intake and output.
- Maintained a clean and safe patient environment, following infection control and safety protocols.
- Responded promptly to patient calls, requests, and emergencies, providing reassurance and appropriate assistance.
- Documented observations and communicated pertinent patient information to the nursing team.

2022-01 -
2022-10

Barista

Himalayan Java Cafe, Kathmandu, Nepal

- Customer Service and Cashier
- Making Cold and hot beverage

Education

2017- 2019

Higher Secondary (Faculty: Humanities and Social Science)
Makawanpur Multiple Campus (Affiliated to Tribhuvan University)
Hetauda, Nepal

Certifications

Age Support Certificate IV

Interests

Traveling and Trekking

Reading

Swimming and exercising

Reference

Ashika Ghimire

Registered Nurse (RN)

Thompson Health Care, Randwick NSW

