

Pratima Parajuli

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Objective: I am much more eager to utilize the precious time of my life as AIN. I hope to utilize my knowledge and experience in a direct patient care environment where I can contribute to the organization's objective and quality of aged care.

#### Professional Profile

- Worked as Montessori teacher (Growing buds preschool) for 1 year in Nepal.
- Worked in Sandesh Science house as Assistant accountant in Nepal.
- Worked in fresh juice and Salad bar in customer service for 5 months.
- Worked as a cleaner in the Dimeo company in Sydney as well as in Canberra.
- 4 months history of success in studying and work placement as an AIN certificate iii (Assistant in Nursing) Caring elder people).
- Two years of experience working in Aged care, in Elizabeth lodge ( Anglicare)and Mark Moran at Little bay.

#### Keys Areas of ability

- Highly motivated self-starter who takes initiative with minimal supervision -Analysis, strategy development and delivery from, identified need. -Traditional care and commitment to organizational goals.
- Communication nucleus with depth of cultural awareness.
- Resourceful team player who exceeds at building relationships with customers and colleagues.
- Has successfully passed all the capabilities required for the licence of Medications.
- Worked with Carehaven and Wecare nursing agencies for more than 7 months.

#### Higher educations

##### Bachelor's level

Pokhara college of management (PCM), Nepal Inter level education

Motherland higher secondary, Nepal

##### Aged care certificate III

( 2013-2017)

(2011-2013) Aug 2019

(GEI college)

#### Trainings

Manual Handling

Infection control and hand hygiene Dementia handling

First aid training

Elder abuse training

Medication training Certifications

Certificate III in aged care

First aid and CPR

NSW police check

#### Professional experience

-2 years of experience working in aged care( residential care) in Elizabeth lodge and Mark Moran at little bay.

- Work placement as AIN (120 hours) AIN (BUPA aged care Clemton park)
- AIN- under supervision (work placement)
- To respect the confidentiality of resident as well as team member
- To protect the rights of residents and ensure care provided maintains resident's dignity and privacy.
- To attend to the personal needs of the resident including all activities of daily living, social emotional support in accordance with the care plan and the direction of the supervisor care leader.
- To provide opportunities for resident's choice or decision making.
- To have an understanding and commitment to continuous quality improvement. -To provide opportunities for residents to participate in meaningful activities.

- To provide support for the resident's choice or decision making.
- To provide domestic services in residential facilities including food handling, laundry cleaning and other tasks as instructed by the care leader.
- To report and document any change in resident's health and wellbeing.
- To maintain hygiene/safety practice in accompanying caring tasks
- To have awareness of practice and maintain a safe environment including fire safety.

#### Achievements

- Satisfied and happy residents at my work placement for my love and care is the greatest achievement of my entire life.
- Highly appreciated for my hard work and effort in placement by my coworkers and RN.

#### Interest

- Social work
- Child care, disability and aged care

#### Resident

- Student visa

#### Reference

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