

**PRATIMA JOSHI**

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**OBJECTIVE**

**Registered Nurse**

To obtain a position as a Registered Nurse in your facility to provide excellent healthcare services while utilizing my nursing work experience, academic skills, and clinical placement experiences.

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**EDUCATION**

**Bachelor of Nursing (2014-2016),**

Expected December 2016

Australian Catholic University, North Sydney, NSW.

**Master of Computer Science (2010-2012)**

Victoria University, Melbourne, VIC.

**Diploma in childcare coordinator (2008-2009)**

Sydney Business and Travel Academy, Sydney, NSW.

**Bachelor in IT and management (2001-2005)**

Kantipur College of Management and Internet Technology,  
Kathmandu, Nepal.

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**WORK EXPERINCE**

• **St Joseph's Hospital 2017**

2A Normanby Rd, Auburn NSW 2144 (New Graduate RN)

• **Presbyterian aged care, 40 Charlotte St, Ashfield NSW 2131** Job title –  
Registered Nurse (07/2020 –08/2021)

Job title –Assistant in Nursing (2009 – 2017)

• **UPA Of NSW Ltd, Bracken House, 315 Macquarie Street Dubbo2830.**

Job Title- Registered Nurse, Permanent part time position  
(11/2021 – until now)

• **Orana Gardens Residential Aged Care ,81 Windsor Parade, Dubbo NSW  
2830,**

Job Title- Registered Nurse, Casual position  
(06/2023 – until now)

• **Integratedliving Australia,**

Job Title- Community Registered Nurse, Permanent part time position (01/2022  
– until now)

## CLINICAL PRACTICUM

### **Auburn Hospital, December 2015**

Medical ward, Temporary stay unit, surgical ward (120 hrs.)

### **Holy spirit Croydon, catholic health care, April 2015**

Mental Health esp. Dementia care unit (120 hrs.)

### **Royal Prince Alfred Hospital, September 2015**

Immunology ward (120 hrs.)

### **Liverpool Hospital, March - April 2016**

Complex medical oncology ward, Brain Injury ward (80 hrs.)

### **Nepean Hospital, July-August 2016**

Intensive care unit (120 hrs.)

### **China, Beijing, September 2016**

Community Placement

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## STUDENT CLINICAL EXPERIENCE-

Performed nursing cares under the supervision of RN for maximum of five patients in one shift and attended several in-services provided at clinical placements.

**Assessment:** -Performed total ongoing comprehensive nursing assessment of patient including head to toe assessment, vital signs, pain, respiratory, GCS, neurological observation, IV sites, surgical/trauma wound, wound dressing, urinary catheter, drainage tube, chest tube, PICC lines, PEG tube, ECG, oxygen therapy, NG tube and level of continence and functional assessment; further documented the outcome and measurable data in appropriate forms.

**Planning:** - As an RN collaborated with the interdisciplinary health care team to provide actual health problems of patient. Referred to the evidence-based planning and nursing interventions, including medication and pain management techniques.

**Implementation:** - Monitored and responded to changes in a patient's clinical condition. Educated patients and interacted with family within the scope of nursing practice. Focused on specific achievable outcomes of each patient, maintaining dignity and comfort measures under supervision. Administered medications as per the requirements, by using various routes. Such as Enteral routes that includes oral,

buccal, sublingual, rectal, IV and topical; Parenteral routes that includes Intramuscular, subcutaneous, inhalation and Transdermal.

**Evaluation:** - Evaluated the patient's outcomes to determine if the goal is met. Reported the outcome if patient's condition improved, stabilized, deteriorated, or discharged.

## **WORK EXPERIENCE**

### ➤ **Registered Nurse** (Residential age care and dementia care)

- Responsible for clinical care of residents including dementia unit.
- Daily reporting, nursing handovers and recording of individual clinical outcomes in provided application.
- Holistic care of an individual, such as specific dementia related care and plan and to provide patient centered care.
- Assessment and evaluation of an individual and formulate a thorough care plan of an individual, update the care plan as required.
- Administration of IM, subcutaneous injection, catheterization.
- Wound management, palliative care, and management, fall prevention and management.
- Telehealth, case conferencing, liaising with healthcare providers and professionals.
- Monthly RN meetings, in-house training and CPD online training.

### ➤ **Community Registered Nurse** (Community health and services) Integratedliving Australia.

- Responsible for DVA, HCP and CHSP clients in OFW and CW.
- Working independently, virtually from home.
- Monthly and annual home visits to L1, L2, L3 and L4 clients in the community. Telehealth and triage an individual client as needed.
- Responsible for clinical assessment, wound care, catheter management, medication management and home care management.
- Nursing assessment of an individual client, evaluation, documentation and recommendation for services and referral to healthcare professionals as needed.

- Work in partnership with other health professionals when needed to promote and help an individual client to live independently in community.
- Run the wellness for independence program (WFI) which is fully funded by the NSW government, program included the distribution of iPad and other information materials for the course to the clients.
- Educate the clients how to use iPad and other information, and run the program via Zoom application over different topics, such as Cardiac health, Respiratory wellness, diabetic management, nutritional wellness etc.
- Responsible for liaising with families, senior management, case managers and reporting and recording an individual clinical assessment and overall summary of client in provided application.

➤ **Registered Nurse** (Residential Aged care and dementia care) Presbyterian aged care, Ashfield, NSW, 2131. (07/2020 –08/2021)

- Responsible for direct patient care of 40 bed units, regular checkups, medication administration and document the evaluated outcome using computer software programs.
- Interact and collaborate with interdisciplinary professionals, to ensure the optimal management of chronic and complex health care needs is met to improve the quality of life.
- Demonstrated a good understanding and knowledge in Chronic disease management, daily wound care, catheter care, support, mental health care assessment, dementia care, end of life care planning, and emotional wellbeing.
- Manage and co-ordinate the care staff on the floor to optimize the therapeutic care of each individual resident.

➤ **Registered Nurse** (Aged care Psychiatry & Neuroscience Unit) St Joseph's Hospital 2017 2A Normanby Rd, Auburn NSW 2144 (New Graduate RN)

- Intake assessments, risk assessments, crisis intervention, medication management and additional support services as required.
- Encourage patients to take part in therapeutic activities such as art and role-play, to maximize social interaction and reduce feelings of depression and anxiety.
- Build therapeutic relationships with, reassuring, listening, and talking to patients.
- Provide psychotherapy services by collaborating with a variety of interdisciplinary professionals to determine and provide the best possible care of patients to improve the quality of life

## **Assistant In Nursing (AIN)**

- **Presbyterian aged care nursing home, Ashfield, NSW, 2131.  
(2009 until Now)**

### **Responsibilities**

- Assist and support residents and function in a team to provide care. Work as a team leader in dementia unit, with minimal supervision of RN.
  - Provide a fundamental level of assistant as per resident's care need for ADL's. Administer oral, tropical, inhaler and eye medication within the scope of practice and policy of nursing home.
  - Observe and report changes in overall condition of residents to RN in-charge. Document changes such as behavioral change, fall risk and health condition.
  - Identify and report any medical emergency and reportable incidents to RN in-charge. Communicate with family members to support the care of residents.
  - Perform basic procedures such as vital signs, wound dressing, handover and assist RN with new admission and functional assessments.
  - Communicate with interdisciplinary team such as doctors, paramedics, physiotherapist, recreational officer, pharmacist, social worker, pastor care and speech pathologist for the comprehensive health care of residents; document the reportable changes in progress note.
- **Julie solutions nursing agency (2007-2009)**
  - **Nursing around the clock agency (2008-2009)**

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## **INSERVICE AND TRAINING**

- Fire training
- Dementia care
- Medication competency/ wound management
- Infection control/Manual handling
- Pain management
- Chronic and surgical wound management
- Catheterization
- IM and Subcutaneous injection administration

- Syringe Driver care and administration
- Updated CPR and First Aid training

➤ I am currently enrolled with Benchmarque group for an online **Course in immunization practice in primary health care.**

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**REFERENCE: -**

Name: - Ralph Reyes  
Designation: - Clinical Nurse Consultant  
Organization: - UPA, Bracken House,  
315 Macquarie Street, Dubbo NSW,2830.  
Contact #: -02 5852 4700  
Email ID: - [ralph.reyes@dubbo.upa.org.au](mailto:ralph.reyes@dubbo.upa.org.au)

Name: - Harpal Kaur  
Designation: - Clinical Governance coordinator  
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