

Pratikshya Poudel
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Objective:

Having completed 120 hours of placement in Thompson Health Care, Randwick, I am deeply passionate about providing quality care to the elderly. With hands-on experience in varied aspects of Aged Care, I aim to leverage my skills, training, and compassionate nature to make a meaningful contribution to your team.

Professional Experience:

AIN (Assistant in Nursing) – Thompson Health Care, Randwick March 2023

- Organised and participated in recreational activities for the elderly.
- Assisted in maintaining hygiene for senior clients.
- Participated in daily food preparations and dietary planning.
- Reported any changes in patients' conditions to supervising nurses.
- Managed patient documentation in compliance with organisational procedures.

Professional Profile:

- Infection control and hand hygiene trained.
- Proficient in elder abuse prevention.
- Trained in incidence, accident, and hazard management.
- Skilled in continence management and assessment.
- Trained in workplace health and safety.

Key Areas of Ability:

- Assist inpatient admissions and discharge.
- Maintain a safe and hygienic environment for patients and medical staff.
- Assist patients in activities of daily life, such as feeding, washing, grooming, and transferring.
- Monitor vital signs including blood pressure, respiration rate, pulse, and temperature.
- Administer drugs to patients following the six rights and as per recommendations.
- Facilitate patient transportation.
- Report any changes in patients' conditions to supervising nurses.
- Ensure proper documentation of patient input/output as per organisational guidelines.
- Strict adherence to organisational policies and procedures.

Higher Education:

- Morgan International college: +2 Science

- Victorian Institute of Education, Haymarket NSW: Certificate IV Ageing Support leading to Diploma of Community Services

References:

Simanta Magar (R.N)

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