

Pratikshya Guragain

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Personal Summary

A self-motivated care staff who can accomplish all her assigned responsibilities with minimal supervision. Pratikshya has extensive knowledge of basic nursing procedures and as a true professional will always demonstrate compassion, dignity and respect when looking after her patients. She is in good physical and mental shape and is more than able to take care of the day-to-day needs of people under her authority. She has experience of looking after both elderly and disabled patients in health care facility. Right now, she is looking for an AIN position with a company that is committed to providing the best healthcare for its patients and the best working environment for its employees.

Career History

Currently casual Disability Support Worker at freedom care in Bathurst

Nursing Assistant in Australia

December 2016- September 2023

Thompson Health Care

Responsible for working under the supervision of senior staff and performing various individual duties to assist patients or Clients.

Duties

Taking and recording a patient's temperature, blood pressure, pulse, and respiration rates.

Assisting patients with activities of daily living such as Showering, dressing, grooming and toileting.

Transporting patients around from one place to another.

Preparing patients for treatment.

Setting up medical equipment.

Determining a patient's need.

Facilitating admission, discharge, and transfer of patients.

Maintaining a clean and safe working environment.

Serving meals to patients and then monitoring their eating habits.

Providing meal supplements and fresh drinking water as needed.

Keeping patients' rooms and equipment clean, neat, and orderly.

Observing residents' health concerns and reporting abnormalities to the charge nurse.

Generally assisting with patients' overall comfort.

Carrying out a range of housekeeping duties.

Updating patient records.

Driving to Doctor's appointments, shopping, social gathering, and day programs

Worked as Registered Nurse in Overseas

1 August 2014- 15 December 2015

New Green cross Children Hospital

Biratnagar, Nepal.

Possessing superb manual dexterity to handle medical instruments and equipment.

Maintaining patient care equipment.

Physically fit, with a lot of stamina and able to lift or move patients and bulky equipment around.

Personal quality

Effective interpersonal, communication and teamwork skills

Can establish good working relationships with supervisors and co-workers.

Committed to patient safety, comfort and privacy.

Good Record keeping skills

Australian Driving License

Visa Status - Permanent Resident of Australia

Academic Qualifications

Advanced study of health science pvt ltd

2011-2014 (three years nursing study)

Butwal, Nepal

Aged Care Certificate III

Manual Handling Training

First Aid Training

Current CPR & first Aid

Working With CC

NDISWSC

Fully Covid Vaccinated including 1 booster

NDIS worker orientation certificate

Visa status- Permanent Resident

Unlimited work right

Full time available & can Start job ASAP

REFERENCES

Shristi Karki RN

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Bivek Team Leader

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