

PRASHANSA THAPA

Contact Details

Address:

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0450073652

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prashansa0002@gmail.com

Languages

Nepali
English
Hindi

Personal Details

- Date of Birth 1996/03/19
- Gender Female

Career Objective

Skilled Assistant in Nursing (AIN) assistant committed to giving patients sympathetic attention and assistance. competent in supporting everyday tasks, keeping an eye on vital signs, and working with medical professionals to protect patients' best interests. A strong communicator who prioritizes creating a welcoming and compassionate environment. Devoted to supporting a patient-centered healthcare strategy and maintaining the greatest standards of patient care.

Trainings

- First Aid Training
- CPR Training

Certifications

- Police Certificate
- Certificate III in Individual Support (Age Care And Disability)
Australian Community And Management College
Suite 201, Level 2, 40 Mann Street Gosford NSW 2250
- First Aid And CPR
- Working with children check
- Manual Handling
- Covid Training

Personal Attributes

- Honest, sincere, hardworking, polite, patience and dedicated.
- Organized and effective communicator with the ability to learn quickly and develop expertise to produce efficient contributions to the organization
- Skills for patients' care.
- Ability to work well in a team or independently with minimal supervision.
- Performs own duty of care.
- Productive worker with solid work ethic to exert optimal effort in successfully completing tasks.

Professional skills and Knowledge

- Good Knowledge in support works in Australia and have solid understanding about NDIS culture.
 - Knowledge of safety practices and hazards related personal care work.
 - Competency in Microsoft Word, Excel, PowerPoint and Outlook environment.
 - Time Management
 - Team Work
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Qualifications

- **Certificate III in Individual Support (Age Care And Disability) Australian Community And Management College**
- **Bachelor's in Business Studies, Patan Multiple Campus**
- **Masters of Professional Accounting King's Own Institute (NSW) (Running)**

Employment History

Assistant in Nursing (July 2023 - till now)

Manly Hillside Care Community (Opal Health Care)

North Manly NSW 2100

- ❖ Contributed to improved resident well-being by assisting in personalized care plans and activities of daily living.
- ❖ Effectively communicated residents' needs to the nursing team, fostering a supportive care environment.
- ❖ Demonstrated empathy and compassion in addressing residents' emotional needs, enhancing their quality of life.
- ❖ Played a key role in maintaining resident safety by monitoring vital signs and adhering to infection control protocols.

Student Placement

Bupa Baulkham Hills

AIN Student Placement – 120 hours

- ❖ Take care of elderly and disabled people.
- ❖ Providing general care and emotional support to the clients.
- ❖ Reminding the clients to take care of their hygiene, such as brushing their teeth and taking a shower.
- ❖ After each shift, note and report the client's circumstances.
- ❖ Make the client comfortable while preserving their safety.
- ❖ Cared for an elderly person with nursing needs and dementia while supporting assistant nurses and registered nurses in high-care and low-care aged facilities.
- ❖ Assistance with feeding, toileting, dressing, and showering for residents. Accompanying residents on everyday activities.
- ❖ Providing residents with general care and emotional support

Personal Carer (Dec 2021- Feb 2023)

Divine Service Home (Old Age Home)

Golfutar, Budanilkanth Kathmandu (Nepal)

- ❖ Provided hands-on assistance to residents with daily activities, including feeding, diaper changing, and helping them sleep.
- ❖ Accompanied resident during daily activities, ensuring their safety and engagement.
- ❖ Demonstrated a caring and responsible approach in supporting resident's needs and routines.
- ❖ Fostered a positive and nurturing environment while assisting resident in their daily tasks.

References

- 1) Name : RN. Sabina Basnet
Company Name : Manly Hillside Care Community (Opal Health Care)
Ph. No : 0424552639
Email : sabina_basnet143@yahoo.com
- 2) Name : RN. Amritbir Kaur
Company Name : Bupa Baulkham Hills
Ph. No : 0484750722
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- 3) Name : RN. Kiranpal Benipal
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- 4) Name : RN. Dhaval Thakur
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