

# PRAGYA DAHAL



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Guildford, NSW 2161

## PROFESSIONAL SUMMARY

I am a capable professional who is analytical, versatile, well organized, hardworking, visionary, and self-motivated and who is searching for a workplace where I can develop, promote, and assist with a specific focus on providing quality care and support to Golden Age's (elderly) from various nations. I'm looking for a career as an aging care worker in a demanding healthcare facility setting where I can use my strong knowledge and abilities in basic nursing assistant procedures and processes to provide great care to patients while working under the supervision of a registered nurse.

## SKILLS

- Communication skill
- Time management skills
- Multitasking skill
- Problem-solving skill
- Leadership skill
- I am able to work independently and make decisions promptly. I also guided and supervised new staff.
- Teamwork skills
- I am able to work with colleagues, help each other finish tasks of the day, and follow the instructions of my supervisor.
- Fluent in [Language](#)
- Active Listening
- Public Speaking
- Multitasking Abilities
- Problem-Solving
- Critical Thinking

## EDUCATION

University of Notre Dame

*Bachelors in Nursing*

ETC College

*Certificate III in individual support(ageing/disability)*

Sainik Awasiya Maha Vidhyalaya,  
Khairahani, Chitwan, Nepal

*High School Study In Science*

## WORK HISTORY

**Advance Care Agency - Assistant in Nursing(AIN)**

*Sydney • 05/2023 - Current*

**Mater Hospital- North Sydney - House keeping**

*04/2023 - Current*

**Summit Care - Student Nurse**

*Randwick, NSW • 10/2023 - 11/2023*

I did my first clinical placement for a Bachelor of Nursing at Summit Care, Randwick.

- Monitored patient vital signs, reporting any changes to experienced nursing staff.
- Worked alongside experienced nursing professionals to learn new procedures.
- Administered medications via oral, IV, and intramuscular injections and monitored responses.
- Performed regular rounds to check on well-being of patients.
- Assisted with patient transfers, observing safety protocols to prevent damage to patient and self.
- Administered close patient care, checked vital signs, and monitored telemetry.
- Assessed care needs of patients and families utilizing nursing process.
- Utilized therapeutic communication techniques to facilitate patient's optimum level of wellness.

**Woolworths - Fresh service Team**

*12/2022 - 07/2023*

**Clover Lea Nursing home - Aged care experience**

*03/2023 - 04/2023*

I did my Cert III placement at clover Lea Nursing home.

**Naman Care home - Care giver**

*03/2020 - 06/2021*

## AVAILABILITY

## CERTIFICATIONS

- First aid
- Dementia care
- Infection control
- Individual support
- Hazard management
- Work with children check (WWC2617733E)
- NDIS worker orientation module
- Police Check

Mon-tues- 6am-3pm

Wed-All day

Thurs-fri-6am-3pm

Sat-sun- All day