

PRAGATI BHATTARAI

20/5 Maxim Street, West Ryde NSW

Phone: 0431 695 779

Email: bhattaraipragati7@gmail.com

Career Objective

Dedicated and compassionate individual with a Certificate III in Individual Support (Ageing & Disability),

seeking a position as an Assistant in Nursing (AIN) in aged care. Passionate about delivering respectful,

person-centred care and enhancing the quality of life for elderly clients. Gained practical experience during hands-on placement at Thomson Health Care, developing strong skills in communication, empathy,

and personal care support.

Certificates and Training

- Certificate III in Individual Support (Ageing & Disability)

Key Skills

- Personal care: showering, grooming, toileting
- Manual handling and mobility assistance
- Meal support and medication prompting
- Infection control practices
- Strong communication and teamwork
- Respectful and empathetic approach
- Observing and reporting client health changes
- Understanding of aged care standards and duty of care

Placement Experience

Student Support Worker (Placement)

Thomson Health Care - NSW

- Assisted elderly residents with daily personal care tasks
- Promoted client independence and dignity
- Adhered to infection control, hygiene, and manual handling procedures
- Worked collaboratively with nurses and support staff
- Built positive and trusting relationships with residents

Reference

Kushal Thapa

Assistant in Nursing (AIN)

Estia Health Care, St Ives NSW

Phone: 0413 925 929