

Prabina Basnet

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Personal Summary

I am a self-motivated person who is able to accomplish all her assigned responsibilities with minimal supervision. As a true professional, I will always demonstrate compassion, dignity and respect in my day to day work. As a permanent resident of Australia I am available for full time and part time roles.

Key Skills and Competencies

Nursing

- Possessing superb manual dexterity to handle medical instruments and equipment.
- Maintaining patient care equipment.
- Physically fit, with a lot of stamina and able to lift or move patients and bulky equipment around.

Personal

- Effective interpersonal, communication, and teamwork skills.
- Can establish good working relationships with supervisors and coworkers.
- Committed to patient safety, comfort and privacy

Technical Skills

Proficient in Microsoft Word, PowerPoint, Excel and Office Mail.

Trainings

- Soft Skill Training on Interpersonal Skills, Leadership and Management.
- Voice-of-the-Customer (VOC) Training
- Personal Hygiene and Good Grooming Training

Employment History

Assistant in Nursing (AINs),

Jan 2021 - Current

Estia Health, Camden Valley

- Taking and recording a patient's temperature, blood pressure, pulse and respiration rates.
- Assisting patients with activities of daily living such as bathing, dressing, grooming, and toileting.
- Transporting patients around from one place to another.

- Preparing patients for treatment.
- Setting up medical equipment.
- Determining a patient's needs.
- Facilitating the admission, discharge and transfer of patients.
- Maintaining a clean and safe working environment.
- Serving meals to patients and then monitoring their eating habits.
- Providing meal supplements and fresh drinking water as needed.
- Keeping patient's rooms and equipment clean, neat and orderly.
- Observing a residents' health concerns and reporting abnormalities to the charge nurse.
- Carrying out a range of housekeeping duties.
- Updating patient records.
- Helping patients to walk and use a wheelchair.
- Helping patients transport using different types of lifters.

Catering Assistant

Feb 2020 - Apr 2021

CasaMia Aged Care, Sodexo, Padstow

- Assisting with basic, general food preparation
- Serving residents meals and snacks in a supportive approach that empowers our resident's choices and independence
- Clearing down of dining areas, cleaning and dishwashing
- Preparing food trolleys for breakfast, lunch and dinner
- Maintaining legislated food hygiene and safety practices
- Ad hoc support to broader teams as required.

Assistant in Nursing (AINs),

Aug 2020 - Present

Dominion Nursing Agency, St Marys

- Provide service as AIN in various nursing homes as required.
- Assist with basic care needs in daily living
- Relay resident enquiries to the RN and explain the answers given,
- Record resident outcomes and status appropriately
- Report workplace risks to management
- Report resident risks to management.

General Service Officer,

Jan 2021 - Mar 2021

Hardi Aged Care, Blacktown

- Clean and supply designated facility areas
- Perform various cleaning actions such as dusting, sweeping, vacuuming, mopping, cleaning ceiling vents, restroom cleaning etc
- Perform and track routine inspection
- Perform and track maintenance activities
- Notify management in case there is a need for repair and interventions
- Make adjustments and perform minor repairs
- Stock and maintain supply rooms
- Cooperate with the rest of the staff
- Follow all health and safety regulations

Assistant Nurse - Trainee

March 2019

Estia Health Bankstown, Greenacre

B2B Admin

Sep 2017 – Feb 2020

Samsung Customer Service (iCure), Granville

- Achieve personal production targets while maintaining the required quality standards in work.
- Perform all repairs, rework, test and documentation steps necessary to proceed.
- Troubleshoot down to the component level, repairs and document all failures.
- Responsible for fault finding, repair, service and installation of mechanical equipment.
- Refurbished mobile phones, wireless devices and other related models/equipment Samsung
- Repair accurately and handle customer request for technical assistance.
- Operate to required company standard and complete repairs to the required technical assistance.

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| Education |
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Certificate III in Aged Care (2019)

Advance College of Health, Burwood

First AID HLTAID2003 (2018)

Advance College of Health, Burwood

Bachelor in Business Studies (2012)

Tribhuvan University, Kathmandu'

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| References |
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Available upon request