

Pooja Adhikari

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Experience

09/2024 - Current

Assistant in Nursing , **Pembroke Lodge**, Minto, 2566

- Assisted patients with activities of daily living such as bathing, grooming, and dressing.
- Provided basic patient care by taking vital signs, measuring height and weight, and recording intake and output.
- Reported changes in patient condition to registered nurse or physician.
- Transported patients to treatment units, using wheelchair or strher.
- Answered call lights promptly and responded to patient needs accordingly.
- Turned and repositioned bedridden patients on a regular schedule to prevent bedsores.
- Looked for physical, emotional, and symptomatic changes in patient condition and obtained necessary care for medical concerns.

05/2023 - 03/2024

Laundry and Dry Cleaning Assistant in Agecare, **Advance Cleaning**, Minto, 2566

Summary

Compassionate Certified Nursing Assistant diligent about serving patient's medical and personal needs. Focused on delivering high-quality care to individuals from diverse backgrounds. Dedicated to protecting patient safety and promoting satisfaction with facility services. Kind and energetic professional with outstanding bedside manner and charting abilities.

Certified nursing assistant offering several years of experience in healthcare environments. Promotes superior time-management skills, compassionate bedside manner and astute observational ability. Knowledgeable about mobility assistance and patient hygiene needs. Certified Nursing Assistant with experience serving chronically ill patients, including assisting with daily living activities and household tasks. Patient and highly compassionate. Skilled at operating within long-term care environments or outpatient centers.

Energetic Healthcare professional dedicated to providing top-quality, patient-centered care. Highly skilled in addressing acute and chronic conditions. Resourceful navigation of complex healthcare environments to optimize patient care.

Helpful professional committed to making patients feel comfortable and secure. Proficient in cleaning and sanitizing patient rooms, documenting observations, and examining for symptoms. Compassionate approach to dealing with those under duress.

Compassionate Certified Nursing Assistant known for high productivity and efficient task completion. Skilled in patient care, vital signs monitoring, and medical terminology. Excel in communication, empathy, and time management to enhance patient comfort and trust.

Skills

- Observing responses
- Transporting patients
- Infection control procedures
- Monitoring fluids
- Patient-focused care
- Vital sign recording
- Team collaboration

Education And Training

High School Diploma
Blue Star Higher Secondary School, Nepal

Languages

English:

Professional

Certifications

- certificate IV in ageing support.
- first Aid & CPR
- Manual handling training
- Certified Nursing Assistant

References

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