

# PIYUMI SASHIKALA

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📍 Chatswood, NSW 2057

🔗 [Bold Profile](#)

## PROFESSIONAL SUMMARY

TO BE ALL-ROUNDER WITH GOOD PERSONALITY, GREAT SELF AND TEAM WORKING SKILLS, INTERESTED IN ACHIEVING A SUITABLE AND CHALLENGING PLACEMENT GROWING ORIENTED ORGANIZATION WITH OFFERS DRIVES JOB RESPONSIBILITIES. EXCEPT ABOVE QUALITIES AS A NURSE, I AM PRACTICING FOLLOWINGS, HIRING, TRAINING, & MANAGING NURSING STAFF. DELIVERING CONTINUING EDUCATION COURSES. RESOLVING ISSUES WITHIN THE ORGANIZATION. MANAGING PATIENT CARE. CREATING AND MANAGING BUDGETS. DEVELOPING PATIENT CARE PROCEDURES. COMMUNICATING WITH VARIOUS TEAMS

## SKILLS

- The basic, fundamental skills of nursing and caregiving
- How to conduct physical and psychosocial assessments
- How to deliver patient care across the lifespan (from pediatrics to geriatrics)
- Strategies for developing effective treatment plans
- Case management skills and the continuum of wellness
- The legal and ethical standards behind patient care

## EDUCATION

### NURSING TRAINING SCHOOL KALUTARA

*DIPLOMA IN GENERAL NURSING SRI  
LANKA*

SIRIMAVO BANDARANAYAKE  
VIDYALAYA, COLOMBO 07

*GCE A/L EXAMINATION IN  
BIOLOGICAL SCIENCE*

SIRIMAVO BANDARANAYAKE  
VIDYALAYA, COLOMBO 07

*GCE O/L EXAMINATION*

Key 2 Learning Collage

49 Phillip Ave, Watson ACT 2602 •  
01/2023

*Certificate III: Age Care*

## WORK HISTORY

### National Institute of Mental Health - Psychiatric Trainee Nurse Sri Lanka

- Provide care to psychiatric patients
- Provide psychological support to patients and their families
- Transcribe doctor's orders, review charts
- Administer medications or treatments as directed
- Monitor patient progress & document changes to behavior or health.

### Colombo South Teaching Hospital - Trainee Nurse at Surgical Wards Kalubovila, Sri Lanka • 01/2021

- Helping to control bleeding
- Watching for signs of complications in the wound
- Performing & removing stitches
- Applying bandages
- Maintaining sterile procedures
- Help patients come out of their anesthesia, helping them stabilize and prepare for transfer to another unit of the hospital, or for discharge for out-patient procedures.

### Colombo South Teaching Hospital - Medical Ward Trainee Nurse Kalubovila, Sri Lanka • 07/2021 - 11/2021

- Record medical history and symptoms
- Collaborate with teams to plan for patient care
- Advocate for the health and wellbeing of patients
- Monitor patient health and record signs
- Administer medications and treatments
- Operate medical equipment
- Perform diagnostic tests.

### The Whiddon Group Narrabri - Certified Nursing Assistant In Training Narrabri, NSW • 10/2023 - Current

- Used effective communication skills when interacting with diverse populations within the healthcare setting.
- Assisted in maintaining a clean and organized environment, reducing

the risk of infection for patients.

- Provided customized care according to individual health plan.
- Prevented bedsores through regular repositioning of bedridden patients, preserving skin integrity.

**Colombo South Teaching Hospital - Out Patient Department Nursing Officer**

*Kalubovila, Sri Lanka • 01/2021 - Current*

- Control disease by early diagnosis & timely treatment
- Investigate & screen cases to confirm whether or not hospitalization is required
- Facilitate screening & investigations for admissions to hospital
- Provide follow-up care to discharged patients & their rehabilitation.

**General Hospital - Kalutara - Three Year Trainee Nurse**

*Sri Lanka • 01/2017 - 01/2021*

- Pediatric nursing, age care nursing, surgical nursing, medical nursing, obstetrics and gyn nursing.

## PERSONAL INFORMATION

- NIC Number: 955640349V
- Date of Birth: 03/04/95
- Nationality: Sinhalese
- Marital Status: Married

## TRAINEENURSE

Three year trainee nurse in pediatric nursing, age care nursing, surgical nursing, medical nursing, obstetrics and gyn nursing at General Hospital - Kalutara

Assistant In Nursing- I have started to working as an assistant nurse in Whiddon Narrabri - Robert Young since 23 rd of October 2023

## REFERENCES

Sara Cameron  
Director of care service - Narrabri  
0267929600

Madushani Jayawickrama  
Assistant in nursing - Moree  
+94 (74) 121 8600