

RESUME

Name: Upasna Thapa Magar

Address: 5/189 Hawkesbury road, westmead

Email: thapashoba2000@gmail.com

Mobile: 0449973854

Profile:

Passionate, energetic and skilled capable career with a friendly demeanour and commitment to delivering personalized care with dignity and respect. I am multi-skilled, self-driven, and dedicated to giving everyone the particular attention and medical attention they need. Completed diploma in nursing education in Nepal with distinction, driven by a deep-rooted passion for patient care. Currently pursuing a Bachelor of Nursing in Australia, I am dedicated to continuous learning and professional growth. With a proven track record of excellence, I bring enthusiasm and dedication to every task, aiming to contribute positively to an organization that values compassion and professionalism.

I am looking for a part time employment for the post of Assistant in Nursing. I wish to have my career which employs my skills and expertise fully to join the organization which values enthusiasm, professionalism, and commitment to perform significant responsibilities and opportunities. Highly motivated and enrolled in Bachelor of Nursing and continuous professional development.

Professional Summary:

One year of experience as a registered nurse in a hospital setting overseas, knowledgeable about patient's ambulation, personal grooming assistance, assisting with Activity with medication. Working with qualified health care staff to maximize care. I am friendly, caring and organized with excellent interpersonal skills.

Trainings:

- First Aid Training
- CPR Training
- Manual Handling Training
- 3 years of overseas Nursing training in hospital setting.

Certificates:

- Overseas Registered Nurse
- Police certificate
- First Aid and CPR certificate
- Certificate IV Individual Support (Ageing/Disability)

Education:

- Completed Proficiency level of certificate (PCL) Nursing in diploma in Nepal.
- Running Bachelor of Nursing (BN) at Australian Catholic University.

Professional skills:

- Solid understanding of medical procedures, treatments, and medications. Such as administering medications, conducting assessments, wound care, and other clinical tasks.
- Effective communication skill for interacting with patients, families, and healthcare teams to convey information clearly, listen actively, and provided emotional support.
- Experienced in medication administration.
- Ability to work successfully with others on collaborative projects and efforts.
- Productive worker with solid work ethic to exert optimal effort in successfully completing tasks.
- Organized and effective communicator with the ability to learn quickly and develop expertise to produce efficient contributions to the organization.
- Competency in Microsoft Word, Excel, PowerPoint, and outlook environment.
- Honest, Sincere, Hardworking, polite, and dedicated.
- Capable of handling patients.
- Skills for patients' care.

- Working within scope of practice.
- Well stress management.

Experiences:

- One Year of overseas experience in a hospital setting (medical and surgical ward) as a registered nurse.
- Experience in medication administration.
- Practical and theoretical knowledge through the placement in various sectors of hospital such as in psychiatric ward, ICU, NICU.
- Experience in the aging support sector for 3 months as a casual staff.

References:

Niranjan Prasai
Training Manager/ Trainer.
Oscars Training Centre
Ph. No. 0451995201
Email: prasainiranjan2014@gmail.com