

PASANG DOLMA SHERPA

PROFESSIONAL SUMMARY

I am a dedicated and compassionate healthcare professional with a Certificate IV in Aging Support, equipped with extensive skills in providing personalized care to elderly individuals. My training includes expertise in daily living assistance, medication administration, and ensuring adherence to health and safety protocols. I possess strong communication skills, am adept at fostering client independence, and excel in documentation and teamwork within multidisciplinary healthcare settings. With a commitment to ethical care practices and cultural sensitivity, I am prepared to contribute effectively to the well-being and support of elderly clients.

WORK HISTORY

Assistant in Nursing, 10/2023 to Current
Bupa Aged Care - Bankstown

- Provide compassionate and attentive care to patients under the supervision of registered nurses (RNs) or other healthcare professionals.
- Assist patients with tasks such as bathing, dressing, grooming, toileting, and feeding, ensuring their comfort and dignity.
- Perform regular monitoring and recording of vital signs such as temperature, pulse, blood pressure, and oxygen saturation.
- Support patients in moving and positioning, including transferring between beds and wheelchairs, using proper lifting techniques and mobility aids.
- Administer medications as directed by healthcare professionals, ensuring accuracy and adherence to medication protocols.
- Offer emotional support and guidance to patients and their families, addressing concerns and providing information about care plans and procedures.
- Collaborate effectively with nurses, doctors, and other healthcare team members to ensure coordinated and holistic patient care.

EDUCATION

Bachelor of Science, Nursing Midwifery
Western Sydney University - Sydney, NSW, Australia

I am currently undertaking the first year of a Bachelor of Nursing at Western Sydney University, where I am developing a strong foundation in patient care, infection control, and person-centred practice. Through my studies, I have gained hands-on experience assisting with hygiene,

CONTACT

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SKILLS

- Communication
- Adaptability
- Team Work
- Attention To Detail
- Health and Safety

mobility, and basic health monitoring in a care setting. I hold current First Aid and CPR certification and have completed manual handling training. My goal is to build on my nursing education by gaining practical experience in aged care, where I can contribute to the wellbeing of residents while continuing to grow my clinical and communication skills.
