

BARSHA ARYAL

Dee Why, NSW

barshaaryal37@gmail.com

0434543500

SUMMARY

Dedicated to providing compassionate and personalized care to elderly individuals. With specialized training in Ageing Support and strong interpersonal skills, I am committed to enhancing the quality of life for elderly individuals while respecting cultural differences and individual needs.

PROFESSIONAL EXPERIENCE

Placement

Thompson Health Care, Mona Vale

July 2024

- Provide compassionate care and assistance to elderly clients.
- Support daily living activities and address individual needs.

Elderly People support Hands

Divya Elderly Citizen Home (Nepal) (From July 2023 to November 2023)

Care Giver at Manavsewa Ashram(Nepal),volunteer

From feb2023-aug 2023

SKILLS

- Compassionate Care
- Interpersonal Communication
- Teamwork
- Time Management
- Observation and Safety Awareness
 - Physical Stamina
- Computer Literacy
- Emotional Resilience
- Social Responsibility
- Respectful

Education

Certificate IV in Ageing Support CHC43015, SPES Education Pty Ltd 2024

Master's Degree in Business Studies (In Progress): Hetauda School of Management, Nepal

Bachelor's Degree in Business Studies: Hetauda School of Management, Nepal

High School Diploma: Hetauda School of Management, Nepal

TRAINING, CERTIFICATES, AND LICENSES

- Driver's License: Government of Nepal
- CPR, First Aid and Manual Handling Training Certificate, August 2024
- Hand Hygiene: Skin Health Institute, May 2024
- Quality Safety and You: NDIS Quality and Safeguards Commission, May 2024

LANGUAGE PROFICIENCY

- English
- Nepali
- Hindi

REFERENCES

Sonal more
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