EDUCATION

Bachelor of Science | Macquarie University | Sydney NSW

WORK EXPERIENCE

PRENA KARKI

Aspiring AIN

PROFILE

An energetic and very capable carer with a friendly demeanor, great communication abilities and a strong desire to look out for others. I am multi-skilled, self-driven, and dedicated to giving everyone the particular attention and medical attention they need. Having a proven ability to meet the personal care needs of service users in a way that respects the dignity of the individual and promotes their independence.

CONTACT

PHONE:

0452 129 898

EMAIL:

prenak10@gmail.com

ADDRESS:

26 Holliday Ave, Edmondson Park, NSW 2174

Aged Care Placement

Thomson Age Care Centre | Oran Park | Dec 2024

- Assisted with daily activities and personal care for elderly residents, ensuring their comfort and dignity.
- Supported nursing staff with administering medications and monitoring health conditions.
- Fostered a compassionate and supportive environment, promoting residents' social and emotional well-being.
- Maintained accurate records and adhered to safety and hygiene standards in the facility.

PROFESSIONAL SKILLS

- Proficient in Kronos workforce management software
- Advanced skills in Microsoft Office Suite (Word, Excel, PowerPoint, Outlook)
- Leadership and Team Management
- Knowledge of ageing and disability rights and advocacy to ensure clients' needs are met.
- Ability to support individuals with mobility challenges, including using mobility aids and transferring techniques.
- Problem-Solving and Decision-Making

TRAININGS

First Aid Training
CPR Training
Manual Handling Training

CERTIFICATES

Police Certificate

First Aid Certificate

CPR Certificate

Manual Handling Certificate

Certificate III in Individual Support (Ageing/ Disability)

- Compliance and Safety Regulations
- Employee Training and Development
- Compassionate and empathetic approach to care giving.
- Proficient in providing personal care assistance, including bathing, dressing, and grooming.

REFERENCES

Niranjan Prasai Training Manager / Trainer Australian Community and Management College Contact No: 0451995201 Email: prasainiranjan2014@gmail.com

AVAILABILITY

ANY TIME