## **EDUCATION**

**Bachelor of Science** | Macquarie University | Sydney NSW

# WORK EXPERIENCE

#### **Aged Care Placement**

Thomson Age Care Centre | Oran Park | Dec 2024

• Assisted with daily activities and personal care for elderly residents, ensuring their comfort and dignity.

• Supported nursing staff with administering medications and monitoring health conditions.

• Fostered a compassionate and supportive environment, promoting residents' social and emotional well-being.

• Maintained accurate records and adhered to safety and hygiene standards in the facility.

# PROFESSIONAL SKILLS

- Proficient in Kronos workforce management software
- Advanced skills in Microsoft Office Suite (Word, Excel, PowerPoint, Outlook)
- Leadership and Team Management
- Knowledge of ageing and disability rights and advocacy to ensure clients' needs are met.
- Ability to support individuals with mobility challenges, including using mobility aids and transferring techniques.
- Problem-Solving and Decision-Making

# PRENA KARKI

#### Aspiring AIN

#### PROFILE

An energetic and very capable carer with a friendly demeanor, great communication abilities and a strong desire to look out for others. I am multi-skilled, self-driven, and dedicated to giving everyone the particular attention and medical attention they need. Having a proven ability to meet the personal care needs of service users in a way that respects the dignity of the individual and promotes their independence.

#### CONTACT

PHONE: 0452 129 898

EMAIL: prenak10@gmail.com

ADDRESS: 26 Holliday Ave, Edmondson Park, NSW 2174

#### TRAININGS

First Aid Training CPR Training Manual Handling Training

#### CERTIFICATES

**Police Certificate** 

First Aid Certificate

**CPR** Certificate

Manual Handling Certificate

Certificate III in Individual Support (Ageing/ Disability)

- Compliance and Safety Regulations
- Employee Training and Development
- Compassionate and empathetic approach to care giving.
- Proficient in providing personal care assistance, including bathing, dressing, and grooming.

### REFERENCES

Niranjan Prasai Training Manager / Trainer Australian Community and Management College Contact No: 0451995201 Email: prasainiranjan2014@gmail.com

## AVAILABILITY

ANY TIME