

# POONAM RANI

AHPRA REGISTERED NURSE | 19+ YEARS' CLINICAL EXPERIENCE IN MATERNAL, EMERGENCY & MEDICAL-SURGICAL CARE | ANMAC CERTIFIED | SEEKING 482 VISA SPONSORSHIP | HOLDING AUSTRALIA TOURIST VISA

## CONATCT US

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## EDUCATION

• <u>Post Graduate Diploma in</u> <u>Hospital & Health Management</u>

Indira Gandhi National Open University (IGNOU) Passed in 15 February 2018

• <u>Post Basic Bachelor of Science in</u> <u>Nursing (P.B.B.Sc.)</u>

Indira Gandhi National Open University (IGNOU) Passed in 12 February 2016

<u>General Nursing and Midwifery</u>
 (<u>GNM)</u>

General Hospital Bhiwani, Haryana Passed in 30 April 2005

## PTE SCORE

#### Overall Score: 69

- Listening: 66
- Reading: 79
- Speaking: 69
- Writing: 69

## ABOUT ME

Compassionate and results-driven Registered Nurse (AHPRA Registered) with over 19 years of experience in delivering high-quality patient care across emergency care, operation theatres, medicine wards, and maternal care. Proven expertise in administering medication, conducting physical assessments, assisting in surgical procedures, and ensuring adherence to clinical and Adapt collaborating safety protocols. at with multidisciplinary teams to promote patient recovery and safety. Currently seeking a Registered Nurse position in Australia with 482 Visa Sponsorship to contribute my skills and experience to provide exceptional healthcare services.

## EXPERIENCE

### Nursing Officer

June 2014 – Present

Kalpana Chawla Government Medical College & Hospital, Karnal

- Provide comprehensive patient care for male, female, and elderly patients in the medicine ward.
- Monitor patient vitals, perform physical assessments, and administer prescribed medications.
- Assist surgeons in laparoscopic surgeries, ensuring proper sterilization of surgical instruments.
- Deliver maternal and newborn care, assisting in labor room procedures, postnatal care, and health education.
- Perform life-saving interventions such as CPR, newborn resuscitation, and emergency medication administration.
- Collaborate with interdisciplinary teams to develop and implement patient care plans.
- Maintain infection control practices and ensure 100% compliance with hospital protocols.
- Handle inventory management, medical supply procurement, and emergency drug availability.

## SKILLS

- Patient Care & Monitoring
- Emergency Response & Critical Care
- Medication Administration & IV Therapy
- Wound Dressing & Pain Management
- Infection Control & Prevention
- Maternal & Newborn Care
- Operation Theatre Assistance
- Patient & Family Education
- Care Plan Documentation
- Multidisciplinary Team Collaboration
- Ambulance & Emergency Transport Management
- Health & Safety Protocols

## LANGUAGES

- English (Fluent)
- Hindi (Native)

## REGISTRATION

- <u>AHPRA Registration Number:</u> NMW0002913169
- ANMAC Registration Number: 254499
- Indian Nursing Council, New Delhi (NUID) HR470318
- <u>Haryana Nurses & Nurse</u>
  <u>Midwives Council</u>
  Reg. No. 6527
- <u>AIS International Background</u> <u>Check –</u> Cleared(Completed: 18 Dec 2024)

#### D R I V I N G L I C E N S E

MCWG/LMV HR-0520120113679

#### Staff Nurse

General Sub-Division Hospital, Nilokheri

- Assisted doctors during general surgeries, ensuring pre and post-operative patient care.
- Managed operation theatre sterilization, ensuring adequate availability of surgical instruments.
- Monitored patient recovery, administered IV fluids, antibiotics, and medication as prescribed.
- Educated patients and families on family planning, maternal health, and immunization programs.
- Provided ambulance services, ensuring continuous patient monitoring during transportation.
- Delivered infection control measures and ensured accurate documentation of patient information.
- <u>Staff Nurse (R.C.H. –</u> January 2006 August 2008 <u>Reproductive & Child Health)</u>

General Sub-Division Community Health Centre, Rohtak

- Provided maternal and newborn care, ensuring safe childbirth practices and maternal health education.
- Promoted family planning methods, vaccination programs, and reproductive health awareness.
- Maintained hygiene in the labor room and maternity ward to ensure patient safety.
- Assisted in postnatal care and newborn immunization programs.
- Documented patient records and maintained accurate inventory of medical supplies.

# CERTIFICATION

- <u>Clinical Transfusion Practice</u> BloodSafe eLearning Australia 2024
- Basic Life Support (BLS) Certification
  NHCPS 2024
- <u>Hand Hygiene for Healthcare Workers</u>
  Australian Commission on Safety & Quality in Healthcare
   2024
- <u>National Tuberculosis Elimination Program</u> (CME Workshop) 2022
- Laparoscopy Equipment Maintenance
  <u>Certificate</u> 2018
- CPR & First Aid CertificateCertificate ID: 3CAEA72025