



PALWINDER KAUR NIJJER

Experienced and Compassionate Registered Nurse & Midwife | 20+ Years in Cardiac & Critical Care | Committed to Excellence in Patient Safety and Holistic Healthcare

Registered Nurse (Registration No. 24588)
Registered Midwife (Registration No. 24590)
Registered B.Sc. Nursing (Post Basic)
(Registration No. 16629)

Contact Details

+91-9988134270
palwinder30041981@gmail.com
Tarn Taran, Punjab, India
<https://www.linkedin.com/in/palwinder-kaur-nijjer-20b672362/>

Education

Bachelor of Science in Nursing (Post Basic)

Baba Farid University of Health Sciences, Faridkot, India
Graduated: October 2015

Diploma in General Nursing and Midwifery

Rattan Professional School of Nursing, Punjab, India
Passed in July 2003

Languages

• English	Fluent
• Hindi	Fluent
• Punjabi	Fluent

English Proficiency Language Test

Pearson Test of English (PTE) Overall score 50

Listening: 45
Reading: 47
Speaking: 53
Writing: 49

Professional Summary

Compassionate and highly skilled Registered Nurse and Midwife with over 20 years of clinical experience in cardiac and multi-specialty care. Proven expertise in patient assessment, acute and chronic care management, medication administration, infection control, and interdisciplinary collaboration. Dedicated to delivering high-quality healthcare while ensuring patient safety, education, and satisfaction. Adept in critical care environments and committed to continuous professional development.

Work Experience

Staff Nurse

Fortis Escorts Heart & Super Speciality Hospital, Amritsar, India

20 June 2006 – Present

- Delivered comprehensive nursing care in cardiac and multi-specialty units, including ICU and CCU.
- Monitored vital signs, managed IV lines, and administered oral, IV, and IM medications.
- Assisted physicians during surgeries, clinical procedures, and emergency interventions with strict adherence to sterile techniques.
- Conducted initial and ongoing patient assessments, developing individualized care plans.
- Provided post-discharge education to patients and families, improving recovery outcomes.
- Maintained accurate and timely Electronic Health Records (EHR) documentation.
- Collaborated with interdisciplinary teams to optimize patient care delivery.
- Ensured strict compliance with infection control protocols and participated in quality improvement initiatives.
- Operated and maintained medical equipment including ECG monitors, infusion pumps, and ventilators.

Skills

- Patient Care & Monitoring
- Acute and Chronic Care Management
- Critical Care Nursing (ICU/CCU)
- Medication Administration (Oral, IV, IM)
- Infection Control & Sterile Techniques
- Clinical Assessment and Diagnosis
- Emergency Response and Crisis Management
- Electronic Health Record (EHR) Documentation
- Patient and Family Education
- Medical Equipment Handling (ECG, Infusion Pumps, Monitors)
- Team Collaboration and Communication
- Legal Compliance (Health Regulations, HIPAA Equivalent Standards)

Driving Licence

MCG/LMV/1283

Certifications

Certification of Advanced Cardiovascular Life Support (ACLS)

Fortis Healthcare Ltd., Amritsar — Certified June 2019
Includes CPR and AED training per AHA curriculum

Staff Nurse of the Month Award

Fortis Escorts Hospital, Amritsar

Certificate of Attendance

Manual Handling Training, Molnlycke Asia Pacific Wound Leaders' Summit, Bangkok, Thailand(July 2024)

Certificate of Contribution to Accreditation

Fortis Escorts Hospital (2011)

Certificate of Appreciation

Infection Control Committee, Fortis Escorts Hospital (November 2024)

First Aid Certificate

Indian Red Cross Society
Certificate Number (RR240043747)

References

Available upon request.