

Name: Rita Bashyal

Contact Information:

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Objective:

To leverage my 2 years of experience in age care as a catering attendant to secure a position as an Assistant in Nursing (AIN) where I can provide compassionate care and support to elderly individuals.

Summary:

- **Age Care Experience:** 2 years as a catering attendant in age care, providing meal services and supporting daily living activities.
- **Strong Communication Skills:** Effective communication with residents, families, and healthcare professionals.
- **Compassionate and Patient-Centred:** Dedicated to delivering high-quality care and support to elderly individuals.

Work Experience:

Catering Attendant

Age Care Facility (2022-2024)

- **Meal Service Delivery:** Prepared and served meals to residents, ensuring dietary requirements were met.
- **Supportive Role:** Assisted with daily living activities, such as feeding and hydration.
- **Team Collaboration:** Worked closely with care staff to ensure seamless service delivery.

Education:

- **Certificate iv in Ageing support**

Skills:

- **Age Care Experience**
- **Communication and Interpersonal Skills**
- **Patient-centred Care**
- **Teamwork and Collaboration**
- **Basic Life Support**

Certifications:

- **First Aid and CPR**
- **Food Safety and Handling**

Reference:

Name: Menuka lama

Currently working organisation: Lansdowne garden

Job title: Assistant in nursing

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