

# OLIVIA GRAYSON

Penrith, NSW 2745

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## PROFESSIONAL SUMMARY

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Developed range of essential skills in healthcare environment, including patient care and effective communication. Seeking to transition into new field where these skills can be leveraged and expanded. Capable of providing high-quality support and fostering positive relationships in any professional setting.

Offering caring and dedicated approach to supporting individuals, ready to learn and grow in this role. Brings willingness to understand and apply best practices in aged care. Ready to use and develop interpersonal and caregiving skills.

## SKILLS

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- Effective Goal Development
- Calm under pressure
- Decision-making
- Teamwork skills
- Stress tolerance
- Medical terminology
- Effective Conflict Resolution
- Excellent communication
- Effective communication
- Problem resolution
- Task prioritization
- Independent Goal Achievement
- Interpersonal skills
- Effective Goal Development

## WORK HISTORY

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04/2024 to Current **Woolworth's Online Team Member**  
**Woolworths Group** – Penrith, NSW

05/2023 to 04/2024 **Sales Assistant**  
**Toy Mate** – Penrith, NSW

## EDUCATION

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Expected in 2028 **Bachelor of Nursing: Nursing**  
**Western Sydney University** - Hawkesbury Heights, NSW

11/2024 **Individual Support: Individual Support (aged Care)**  
**Western Sydney Institute of TAFE** - Kingswood, NSW

2024 **Glenmore Park High School** - Glenmore Park, NSW

## CERTIFICATIONS

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- First Aid Certification
- certificate III in individual support

- NSW Driver's License

## AVAILABILITY

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Mondays - all day until 9:00pm

Tuesdays- 1:00pm - 7:00pm

Wednesdays - unavailable

Thursdays - from 1:00pm

Fridays - available anytime

Saturdays - available anytime

Sundays - available anytime

## EXPERIANCES

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completed 80h of workplacement at southern cross care in Thornton starting on 10/7/2023 - 14/7/2023 and 25/9/2023 - 29/9/2023

completed 40h of workplacement at Thompson aged care Boronia on the 15/4/2024

during placement i provided

- personal care to clients
- provided individualised support
- provided support to individuals living with dementia
- meeting personal support needs
- direct client care