

BALA SUSMITHA REDDY MEKALA

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Professional Summary:

Dedicated and compassionate Registered nurse with a progressive career history in direct patient care, triage, care coordination in ICU and medical department environment. During high-stress situations, proven to remain calm and skilfully handle difficult patients. Constantly developing strong relationships with patients through empathetic communication, respectful attitude, and excellent customer service.

Professional Summery:

1. REGISTERED NURSE, PRIMARY HEALTH CENTER ,INDIA

01/05/2022 – TILL DATE

Education summery:

1. BACHELOR OF SCIENCE IN NURSING

01/09/2017 – 06/04/2022

DR.N.T.R. HEALTH UNIVERSITY, INDIA

Duties and responsibilities:

- Practice cultural safety through knowledge of treaty of waitangi and followed all principles in health care settings.
- Identifies situations of clinical risk and takes appropriate action to ensure a safe environment for patients, families and staff.
- Accepts responsibility for ensuring that his/her nursing practice and conduct meet the standards of the professional, ethical and relevant legislated requirements.
- Outstanding interpersonal and communication skills when dealing with the patients. Use appropriate channels of communication.
- Maintains and develops own clinical expertise and knowledge in specific area of nursing practise.
- Provides direct nursing care for patients to achieve best health outcomes.
- Uses nursing knowledge and skills to assess, plan, implement and evaluate patient health needs.
- Undertakes a comprehensive and accurate nursing assessment of patients in a variety of settings.
- Provides health education to patients/family to improve knowledge of disease/illness, self management and prevention of complications and promotion of recovery.
- Promotes effective teamwork and collaborative relationships with in the multi-disciplinary team
- Contributes to the smooth running of the unit through participation in administrative tasks, which support patient care activities.
- Managed pre-op and post-op patients with IV management, vital checks, medication management, pain management and wound care.

- Conducting comprehensive head to foot assessments, identifying outcomes and planning care based on the risk priorities
- Monitoring input and output chart and performing aseptic dressing along with drain management.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Served as Team leader and shift incharge in intensive care unit. Maintaining the safety of both patients and staff
- Effectively manages CODE-BLUE-Medical emergency as and when needed. Assisted and performing CPR.
- Safe handling of ECG, Ventilator, defibrillator, I.A.B.P, TPI, syringe pumps, suction apparatus, holter, high flow nasal cannula, nabilizer machine, glucometer and cardiac monitor.
- Performs phlebotomy and sampling for therapeutic and diagnostic laboratory tests as well as blood transfusion.
- Observes the infection control practices by providing care as per the hospital policies.
- Preparing evidenced based care plan and initiate effective Admission - discharge planning/ transfer process.

Registration Details

ANMAC Assessment-160322-Nursing Support Worker ANZSCO CODE-423312

Certificate of Registration Nurse No – **225727**

Certificate of Registration Midwife No- **225280**

Languages

PTE- 65

Listening-66,Reading -58,Speaking-69,Writing-68

Achievements

Best Cardiac ICU Nurse Award.

Skills

- Demonstrate professional accountability within scope of practice.
- Follow Treaty of Waitangi principles and patients rights.
- Excellent communication skills and patient care
- Problem solving and critical thinking skills
- Efficient time management and ability to work as a part of team
- Good listening capacity and eager to learn advanced techniques
- Excellent physical stamina and ability to perform multi task
- Friendly person and trustworthy
- Wound management and intravenous therapy
- Physical, medical and mental assessment

- Great commitment to ongoing development of nursing skills and in-service education
 - Focus on patient health and safety and maintain privacy and confidentiality
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References

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