

Loraine Guedes

Personal care assistant

Location: Johannesburg, 2198, Gauteng, South Africa

Cell phone number: +27 84 562 7015

Email address: lollyguedes5@gmail.com

Personal Profile

- Ambitious and self-driven product owner with 7+ years of experience. Certified Registered Nurse and Caregiver.
- Excellent at aligning a business.
- I am caring, kind-hearted, compassionate and understanding. Carer/Nurse/ Senior Carer with seven years of experience in caregiving and nursing patients with little or no supervision.
- I am specifically skilled in offering care to vulnerable adults and older people suffering from dementia and Alzheimer's disease.
- I demonstrate good relationship with patients and their relatives in discharging my duties while maintaining a high level of professionalism.
- I also collaborate with my colleagues in the workplace to achieve better results and objectives of my organization, while discharging my duties. I have applied the six C's of nursing, gained enough experience and basic nursing procedures.
- Experienced in the understanding of basic life support and dementia awareness with professional certification in other health, safety and care management.
- Ability and willingness to follow written and verbal instructions.

Objective

- I seek to utilize my seven years of caregiving experience by taking care of older people and patients with dementia to make an impact on their lives, and more so, in your organization.

Equipment used

- | | |
|-------------------------|------------------------|
| • Thermometer | - Blood Pressure Cu9s |
| • Gluco Meter | - Ventilator equipment |
| • Stethoscopes | |
| • Pulse Oximeters | |
| • Computer ECS Machines | |

Education

Nursing Diploma Certificate (Netcare Education)

- South African Nursing Council
 - Status: Registered Nurse 2016

Alison Academy UK

- Diploma in Nursing and Patient Care
- 8 May 2023
- Module 1 Adult Patient Care
- Module 2 Advanced Principles Of Patient Hygiene
- Module 3 Environmental Health And The Practical Nursing
- Module 4 Diploma in Nursing And Patient Care 1st
- Assessment
- Module 5 Health And Safety For Healthcare Professionals
- Module 6 Positioning And Ambulating The Adult Patient
- Module 7 Active And Passive Ranges Of Motion In Exercise
- Module 8 Diploma In Nursing And Patient Care 2nd
- Assessment
- Module 9 Diet Therapy
- Module 10 Diploma In Nursing And Patient Care 3rd
- Assessment
- Module 11 The Physical Examination
- Module 12 Specimen Collection
- Module 13 The Physical Assessment
- Module 14 Measuring Vital Signs
- Module 15 Diploma In Nursing And Patient Care 4th
- Assessment
- Module 16 Course Assessment Complete

British Council IELTS General

- Band 6.5
 - 10 June 2023

Australian Nursing & Midwifery Accreditation Council

- Certificate III
- Personal Care Assistant
 - ANZSCO code :423313

Experience

Milkpark Netcare Hospital

- Registered Nurse – 2016
 - Monitored patient progress, identifying and proactively addressing obstacles hindering recovery.
 - Built strong, trusting relationships with patients by providing continuous support and delivering best possible care.
 - Documented care plans, hospital actions and patient activities in line with best practices.
 - Kept public areas clean and hygienic by performing routine sanitization tasks.
 - Discussed future care with patients and families, demonstrating emotional resilience, active listening and compassion.

SwiftCare Medical Clinic Rosebank

- Registered Nurse – 2016
 - Accurately documenting all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care.
 - Observing patient reactions and improvements or deteriorations to report to physician adhering to care guidelines.
 - Delivering high-quality and compassionate treatment to indigent and low-income patient community.

Personal Care Assistant Aged Care

- Private Care Home Sandton, Sandown – January 2017
 - Assisting patient with preparation of plating and serving meals as required.
 - Maintaining a clean, safe and comfortable environment
 - Recognizing patient culture and spiritual practice
 - Assisting patient to take medication as prescribed by the Doctor
 - Assisting patient with personal hygiene and mobility

Personal Care Assistant

- Private Care Home Rivonia - March 2020 to Current
 - Driving patient to hospital appointments, shopping
 - Supporting patient with exercise and activities
 - Organizing social events as well as driving the patient
 - Maintaining a good relationship with the patient
 - Keeping track record of nutrition and fluid intake

References

- Contactable references are available upon request.