

# **Resume**

**Nitu Karki**

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## **Personal statement**

I would like to apply for this position. I am a trustworthy, reliable, friendly, hard working independent. Always ready to face any challenges and obstacles. Possessing excellent communication and problem-solving skills, I excel in fast-paced environments and thrive on challenges. Committed to continuous learning and professional development, I am eager to leverage my expertise and make a positive impact in a dynamic work setting.

## **Education**

High School Diploma

Nurse Training Australia, Sydney Expected in April 2024

## **Professional experience**

- Customer service in Aga Mediterranean Cuisine (December 2021 - August 2022) ●
- Housekeeping Attendants Marriott by Courtyard (December 2021- August 2022) ●
- Cleaner GJK Facility plus sanitizing (August 2022- March 2023)
- School cleaning (February 2023 to September 2023)

Arcare Aged Care Kanwal (Personal Care worker) (July 2023- September 2023)

- Assisting residents with their ADLs like dressing, grooming, showering, toileting and so on.
- Supporting the resident with love, dignity and respect.
- Providing emotional support.
- Maintaining their privacy and confidentiality.
- Created safe and positive living situations for clients by communicating with family and other staff about concerns or challenges.
- Followed safe lifting and transferring techniques to transport residents.
- Reported concerns to the nurse supervisor to promote optimal care.

## **Achievements**

- Community Aged care (Work Placement), Group home Australia
- Certificate III in individual support (Ageing)
- Certificate in manual handling and have knowledge of Cardio-Pulmonary Resuscitation.

## **Skills:**

- Extremely organized
- Self-motivated

- Fast learner
- Hard worker
- Good with technology
- Team work
- Communication skills
- Strong with work ethic